



THE RECORD

VOL. 146, NO. 10

CIRCULATION 57,409

LOUISVILLE, KY

MARCH 14, 2024

50 CENTS



Young adults to serve as 'perpetual pilgrims' PAGE 2

Twenty-four young adults, including Amayrani Higueldo, above, will serve as 'perpetual pilgrims' traveling with the Blessed Sacrament along four pilgrimage routes leading to the National Eucharistic Congress in Indianapolis this July.



YOUTH FOCUS

PAGE 3

Bishop decries Alabama IVF law PAGE 4

Bishop Michael F. Burbidge of Arlington, Va., issued a statement March 8 in response to a new law to protect in vitro fertilization clinics in Alabama.



Lenten Dining Guide PAGES 8, 9 & 10

Called to live Lent in the Eucharist

How prayer, fasting and almsgiving can draw us closer to Christ

By MARNIE McALLISTER
Record Editor

As the U.S. church embraces a National Eucharistic Revival, the three pillars of Lent — prayer, fasting and almsgiving — can help renew our relationship with the Eucharist, noted Art Turner, director of the Office of Faith Formation.

That was the subject of a Lenten retreat he offered last month to about 50 people from Holy Family Church, St. Stephen Martyr Church and the Syro-Malabar Church community.

During the retreat, Turner said he addressed each pillar in turn.

Prayer

"How well do we listen to the prayers at Mass?" he asked during an interview March 11.

"Going to Mass as a child, my mother would nudge me and say, this is important," said Turner. As a father "I would nudge my kids and say, 'You need to listen here.'"

Adults need that reminder, too, he said, to help us draw closer to Christ.

He explained that prayers during Mass leading up to the Liturgy of the Eucharist, "are an invitation to open our hearts and minds so when I receive (the Eucharist), I am ready."

See *LIVING*, Page 9



CNS Photo by Octavio Duran

How we live Lent

By RUBY THOMAS
and MARNIE McALLISTER

How attached are we to our stuff?

Art Turner, director of the Office of Faith Formation, is asking himself that question this Lent as he faces an overabundance of household items and keepsakes from deceased loved ones.

"A lot of folks tie in Spring cleaning with Lent," he noted. "At my house, we have dead relatives' stuff, and we're wondering where we're going to put all this stuff."

"I prepared this Lent to go through a reflective purging and to have a sense of gratitude," he said, noting that he finds it particularly hard to part with items con-

nected to important memories and people in his life, even a torn T-shirt given to him by a dear friend.

As he attempts to let go, he said, it's an opportunity to remember the people who have touched his life and express gratitude for them.

While this purging will certainly lift a material load from his life, Turner noted that the real benefit lies in detachment — letting go of these items as a spiritual exercise.

Lenten practices — whether giving something up or adding something to your life — are "a spiritual exercise designed to bring
See *HOW*, Page 9



Record Photo by Marnie McAllister

The new Catholic Charities Center has opened in downtown Louisville at 435 E. Broadway, the former AAA Kentucky building.

Catholic Charities Center opens on Broadway

By MARNIE McALLISTER
Record Editor

Catholic Charities of Louisville has opened its new headquarters in downtown Louisville under the name Catholic Charities Center at 435 E. Broadway, the former AAA Kentucky building.

Most of the 115 staffers who will work at the center are settling into their new workspace. But amid the move, on Monday, March 11, it was clear the work hasn't stopped. For an agency that served more than 46,000 people last year, it appears stopping isn't an option.

The entryway and waiting room were buzzing as families checked in for appointments or waited for a class to start.

The children's area welcomed youngsters who played while their parents were busy



Record Photo by Marnie McAllister

Catholic Charities staff, from left, Lauren Goldener, Peyton Rhea and Ellen Hauber discussed the new building in a community space — with furniture arranged to feel like living rooms — that is used to meet with clients.

learning English, meeting with a case manager or attending a parents' support group. A small playground with a sandbox and a station for making music awaited them as the day warmed.

In the break room — a basement space with a kitchen and large refrigerator — students on spring break from James Madison

University ate lunch before returning to their volunteer work. Their afternoon would be focused on building storage shelves in the new center, where emergency items will be stored for families in need.

"The new Catholic Charities Center represents a serious leveling-up in our ability
See *CATHOLIC*, Page 8

ARCHDIOCESE OF LOUISVILLE

Wedding & Marriage Announcements

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THE SCHEDULE OF ARCHBISHOP SHELTON

March 15 — 1 p.m. Lenten Stations of the Cross, Calvary Cemetery.

March 16 — 11 a.m. Confirmation, St. Margaret Mary Church; 4:30 p.m. Confirmation, St. Francis of Assisi Church.

March 17 — 10 a.m. Confirmation, churches of Our Lady of Fatima, Our Lady of Perpetual Help and Our Lady of the Hills at Our Lady of Perpetual Help.

March 18-20 — Catholic Mobilizing Network, Mobile, Ala.

March 21 — Noon Priests' Council, Pastoral Center; 7 p.m. Confirmation, Holy Trinity Church.

March 23 — 9 a.m. Opening Prayer, Multicultural Women Prayer Day; 10 a.m. Pastoral Council of the Archdiocese, Pastoral Center.

Follow @ArchbishopFabre on X for meditations on Scripture and feast days.

AROUND THE ARCHDIOCESE

Parishes host blood drives during Lent

Several parishes are hosting blood drives for the American Red Cross in the coming weeks.

"As spring approaches, the American Red Cross urges donors to give blood or platelets now to continue to strengthen the national blood supply," said an announcement from the organization in a press release March 11. "People of all blood types — especially those with type O blood — are critical to ensuring hospitals can meet the daily demand for lifesaving transfusions.

Parish-sponsored drives include:

- Holy Spirit Church, 3345 Lexington Road, March 17 from 8:30 a.m. to 1:30 p.m.
- St. Albert the Great Church, 1395 Girard Dr., March 17 from 8 a.m. to 12:30 p.m.
- St. Bernard Church, 7500 Tangelo Dr., March 18 from 3:30 p.m. to 7:30 p.m.
- Incarnation Church, 2229 Lower Hunters Trace, March 18 from 1 p.m. to 6 p.m.
- St. Athanasius Church, 5915 Outer Loop, March 23 from 8 a.m. to 1 p.m.
- Most Blessed Sacrament Church, 3509 Taylor Blvd., March 25 from 1 p.m. to 5 p.m.
- Church of Ascension, 4600 Lynnbrook, March 25 from 2 p.m. to 6 p.m.

Chrism Mass set for Tuesday of Holy Week, March 26, at the cathedral

The annual Chrism Mass will be celebrated by Archbishop Shelton J. Fabre at the Cathedral of the Assumption, 433 S. Fifth St., on March 26 at 7 p.m.

During the liturgy, the archbishop will bless and consecrate the holy oils used by our parishes throughout the year. Priests in attendance will also renew their promises.

The liturgy, which is open to all, is expected to last about an hour and a half. It will be followed by a reception. On-street parking is free after 6 p.m. and a parking garage is available next door to the cathedral.

Queen's Daughters fashion show and luncheon set for April 11

The Queen's Daughters will host its 71st annual fashion show and luncheon "Spring into Fashion," presented by Dillard's, on April 11 at the Crowne Plaza Hotel, 830 Phillips Lane. Doors open at 11 a.m.

The Queen's Daughters is a Catholic women's organization founded in 1915 to support and serve the community's spiritual, social and humanitarian needs, according to an announcement from the group.

Various raffle packages are available for purchase online and in person on the day of the event including a capital prize — a \$500 Dillard's shopping experience and a stay at the Galt House Hotel.

Fashion show tickets are \$65 per person. To make a reservation by March 28 or to donate online, visit <https://queensdaughtersinc.com/upcoming-events/2024-fashion-show-and-luncheon>.

Senior Pre-Derby Extravaganza set at the Catholic Enrichment Center

The Catholic Enrichment Center, 3146 West Broadway, will host its annual Senior Pre-Derby Extravaganza on April 9 at 11 a.m.

Activities will include stick-horse races with betting, a Derby hat style show and contests, lunch, door prizes and entertainment.

Tickets are \$20 per person and will only be sold at the CEC on April 2 from 10 a.m. to noon and from 5 p.m. to 7 p.m.

The event is sponsored by the Archdiocese of Louisville's Office of Multicultural Ministry, its senior council and the Catholic Enrichment Center advisory council. For more information, call the center at 776-0262.

Vatican Year of Prayer resource available

By CINDY WOODEN

Catholic News Service

VATICAN CITY — Pope Francis has asked Catholics to dedicate 2024 to intensifying their prayer lives in preparation for the celebration of the Holy Year 2025, and the Vatican has published a resource guide to help them. "Teach us to Pray," a 76-page volume prepared by the Dicastery for Evangelization, was published online in Italian in late February and made available in other languages in early March.

Pope Francis launched the year in late January, saying it would be "dedicated to rediscovering the great value and absolute need for prayer in personal life, in the life of the church and in the world."

The Dicastery for Evangelization said the booklet

is "an invitation to intensify prayer, understood as a personal dialogue with God," and can help people reflect on their faith and their Christian commitment in the various contexts of their lives.

It includes selections from Pope Francis' general audience talks about prayer and looks specifically at ways to strengthen people's prayer experiences at home — for example, by praying before and after meals and at the start and end of the day — in their parishes, at a local shrine, on retreat and by visiting a monastery. The booklet also has suggestions for encouraging teens and young adults to pray and for improving parish-based catechesis on prayer for both children and adults.

"In this Year of Prayer, all

communities are invited to promote times of Eucharistic adoration, an indispensable element for encountering the Lord," the booklet said. While "each community should find the most appropriate ways and times to develop this practice that brings so many fruits of holiness to the Church," the resource guide provides suggestions.

The Catholic Church began celebrating Holy Years in the 1300s as "a special time to meditate on the great gift of divine mercy that always awaits us, as well as the importance of inner conversion," the booklet's introduction says. The Year of Prayer is meant to help Catholics individually and as a community to prepare to receive God's grace.

"May prayer be the com-

pass that guides, the light that illuminates the path and the strength that sustains us on the pilgrimage that will lead to entering the Holy Door," the traditional sign of having made a jubilee pilgrimage, the booklet said. "Through prayer, may we arrive at the Holy Door with our hearts ready to welcome the gifts of grace and forgiveness that the Jubilee offers as a vivid expression of our relationship with God."



Scan the QR code to download the prayer resource



OSV News illustration courtesy National Eucharistic Congress

This map shows the four routes of the National Eucharistic Pilgrimage to the National Eucharistic Congress in 2024. Pilgrims traveling in "Eucharistic caravans" on all four routes will begin their journeys with Pentecost weekend celebrations May 17-18, leaving May 19. They will all converge in Indianapolis July 16, the day before the five-day congress opens.

'Perpetual pilgrims' eager for procession

By MARIA WIERING

OSV News

A profound experience with the Eucharist during Mass in his freshman year at Texas A&M University compelled Charlie McCullough to make Jesus the center of his life.

"Every decision that I've made after that has been a small step in that relationship and a small response to that invitation," said McCullough, a 22-year-old north Texas native. "And now the invitation is him saying, 'Come and follow me,' as we go on pilgrimage across the United States."

McCullough is one of 24 young adults who will be journeying with Jesus in the Blessed Sacrament along four National Eucharistic Pilgrimage routes leading to the National Eucharistic Congress. The "perpetual pilgrims" will begin their treks May 17-19 — the weekend of Pentecost — from San Francisco; New Haven, Connecticut; Brownsville, Texas; and the headwaters of the Mississippi River at Lake Itasca in northern Minnesota.

Their routes — a combined 6,500 miles — will converge eight weeks later in Indianapolis for the July 17 opening of the five-day congress in Lucas Oil Stadium. Along the way, the pilgrims will go through small towns, large cities and rural countryside, mostly on foot, with the Eucharist carried in monstrances designed particularly for this unprecedented event. The southern route is expected to pass through the Archdiocese of Louisville in early July.

"This will be the biggest Eucharistic procession in world history," said Kai Weiss, a perpetual pilgrim studying theology at the Pontifical Faculty of the Immaculate Conception at the Dominican House of Studies in Washington. "I think Jesus will sanctify this land in an unimaginable way, even invisibly and in an unseen way. But obviously, we will be visible and we will be easily noticed, and I just look forward to what Christ in the Eucharist can bring to other people."

Weiss, 27, grew up in Re-

24 young adults will set out in May to walk thousands of miles with Jesus

gensburg, Germany, where elaborate Corpus Christi processions are commonplace, and people are familiar with Europe's long history of walking pilgrimages, he said. Last year, he participated in a two-day walking pilgrimage to the Marian shrine of Our Lady of Altötting with about 4,000 people, where pilgrims sang hymns and prayed the rosary along the way.

"That really communal aspect is so beautiful about professions and pilgrimages — that they bring us together as a church, and that since they're also public, they can also bring in other people," Weiss said. "It's a wonderful way of expressing our faith and our joy."

The National Eucharistic Pilgrimage and National Eucharistic Congress are major parts of the National Eucharistic Revival, a three-year initiative launched in 2022 by the U.S. bishops to inspire a deeper love and reverence for Jesus in the Eucharist. The pilgrimage is modeled on the Gospel account of Jesus' journey with two disciples to Emmaus after his resurrection.

In October, the National Eucharistic Congress issued a call for perpetual pilgrims and received more than 100 applications. Criteria included being a baptized and practicing Catholic between the ages of 19-29, be in good physical condition and capable of walking long distances, and be committed to upholding church teachings. Backgrounds in ministry, service, leadership and pilgrimage experience were of special interest, according to organizers.

The perpetual pilgrims were chosen after multiple rounds of interviews and follow-up screenings, organizers said in a March 11 media release announcing the pilgrims.

In February, the pilgrims met for a retreat in St. Paul, Minnesota, where they received spiritual formation

from Bishop Andrew H. Cozens of Crookston, Minnesota, who serves as chairman of the National Eucharistic Revival, as well as National Eucharistic Congress staff and priests with pilgrimage and media experience.

Most of the pilgrims are graduate or undergraduate students, and some work for mission-oriented apostolates and nonprofits. "A common thread for all was a profound encounter with Jesus in the Eucharist that they were inspired to share with others," according to the media statement.

Organized by Modern Catholic Pilgrim, a Minnesota-based nonprofit that promotes U.S. walking pilgrimages and biblical hospitality, the pilgrimage routes include stops at sacred landmarks including saints' shrines and diocesan cathedrals.

"I am humbled by the commitment demonstrated by those selected to serve as Perpetual Pilgrims this summer," said Will Peterson, Modern Catholic Pilgrim's founder and president, in a media statement. "Their excitement at serving as stewards of this unprecedented National Eucharistic Pilgrimage shook the walls at our kickoff retreat. I cannot wait for the rest of the U.S. Catholic Church to walk with our Eucharistic Lord alongside these amazing individuals."

Each day will include Mass, a small Eucharistic procession and 10-15 miles of travel. Along the way, parishes are planning to host Eucharistic devotions such as adoration, praise and worship and lectures. Parishes, religious orders, schools, shrines and retreat centers will offer the pilgrims hospitality and offer fellowship and meals.

A support vehicle will accompany the pilgrims and transport them through legs of the journey where "safety, terrain, and/or climate may present obstacles," according

to the media statement.

The pilgrimage routes are named for key saints for North America: the St. Elizabeth Ann Seton Route from the east, the St. Juan Diego Route from the south, the St. Junipero Serra Route from the west, and the Marian Route from the north, which includes a stop in Wisconsin at the Shrine of Our Lady of Champion, the only approved Marian apparition site in the United States.

Weiss is traveling the Marian Route with fellow perpetual pilgrims Sarah Cahill of Virginia; Matthew Heidenreich of Ohio; Danielle Schmitz of California; Jennifer Torres of Colorado; and Megan Zaleski of Illinois.

With McCullough on the Juan Diego route will be Camille Anigbogu of Texas; Shayla Elm of North Dakota; Issy Martin-Dye of Ohio; Joshua Velasquez of Texas; and MacKenzie Warrens of Missouri.

On the Serra route will be Chima Adiole of Texas; Chas Firestone East of Virginia; Patrick Fayad of Nebraska; Jack Krebs of Wisconsin; Madison Michel of Minnesota; and Jaella Mac Au of Georgia.

On the Seton route will be Dominic Carstens of Wyoming; Zoe Dongas of New York; Marina Frattaroli of Texas; Natalie Garza of Texas; Amayrani Higueldo of Pennsylvania; and Christopher Onyike of Florida.

Along the way, 30 Franciscan Friars of the Renewal will rotate time on the routes as chaplains. In addition, Father Roger Landry, a chaplain at Columbia University in New York, plans to accompany pilgrims the entire length of the Seton route.

Higueldo, a recent nursing school graduate, said she is thrilled to be among the perpetual pilgrims. "Through nursing school, I had no time whatsoever," she said. "My prayer to the Lord was like, 'Lord, I just want to spend more time with you' ... and lo and behold, here we are a couple months later, and I get to spend two whole months with our Eucharistic Lord, and to go on this crazy adventure, beautiful adventure."

MORE.

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YOUTH FOCUS

Girl Scouts receive religious awards

Forty-two Girl Scouts of Kentuckiana received Catholic religious awards at a ceremony May 10.

Archbishop Shelton J. Fabre presided at the ceremony, which took place at the Cathedral of the Assumption. Father Troy Overton, chaplain of the Archdiocese of Louisville Catholic Committee on Scouting, delivered the homily and assisted with the presentation of awards.

The following Brownie Scouts received the **Family of God award** for second and third graders:

- Audrey Fitzgerald, troop 3288 of St. Albert the Great Church.

- Kennedy Abell, Josephine Barnes, Harper Bickel, Alyssa Cortez, Adalyn Holmes, Isabell Lopez, Riley Lopez, Harper Luttrell, Harper Ross, Ainsley Wantland and Charlie Worth, troop 4140 of St. Gabriel Church.

The following Daisy Scouts received the **God is Love award** for kindergartners and first-graders:

- Esperanza Sánchez, troop 1368 of Church of the Annunciation.

- Mae Arnold, Sloane Baker, Rowan Banta, Samantha Bird, Ellie Brooks, Charlotte Brown, Emily Brown, Nora Brown, June Crabtree, Lane Deskins, Marjorie Diebold, Harper Elmore, Johanna Gasser, Leighton Hamman, Parker Higdon, Annie Logsdon, Amelia Mattingly, Melanie McQuillen, Anna Myers, Emma Nelson, Mary Grace O'Daniel, Collins O'Neal, Maggie Shull, Amelia Spalding, Bea Thompson,



Archbishop Shelton J. Fabre, center, and Father Troy Overton, right, shook hands with Brownies during an award ceremony March 10 at the Cathedral of the Assumption.

Joan Volz and Sloane Wachs, troop 4263 of Holy Trinity Church.

- Isabela Sánchez, troop 1368 of Church of the Annunciation, received the Marian Medal Award, Mary the First Disciple, for ninth and 10th graders.

- Araceli Sánchez, troop 1368 of Church of the Annunciation, received the Spirit Alive award for high schoolers.

The following scouts received the **My Promise, My Faith award** for kindergartners through 12th-graders.

- Kennedy Abell, Josephine Barnes, Harper Bickel, Sydney Burruss, Alyssa Cortez, Adalyn Holmes, Isabell Lopez, Riley Lopez, Harper Luttrell, Harper Ross, Ainsley Wantland and Charlie Worth, troop 4140 of St. Gabriel Church.

Swimming champs

Holy Trinity School won the boys' and girls' divisions of the Catholic School Athletic Association swimming championships March 2 at Mary T. Meagher Aquatics Center. The results are:

In the girls' competition, Holy Spirit School placed second and Sacred Heart Model School was third.

In the boys' competition, Holy Spirit placed second and Sacred Heart Model School placed third.

RoboRumble

Three Archdiocese of Louisville schools took top spots in the RoboRumble Regional Robotic Tournament sponsored by the Kentucky Derby Festival Foundation and Jefferson County Public Schools.

Notre Dame Academy, Ascension School and St. Agnes School took first- and second-place honors.

- Notre Dame White, composed of elementary-grade students, won first place in the RCX competition. Teams programmed robots to solve challenges within a specified time. Notre Dame Red and Notre Dame Blue, composed of middle schoolers, won first and second place respectively.

- Notre Dame won second place in the Sphero Hero competition. Teams in this competition are asked to create an original dramatic story, create an obstacle course and program a spherical robot to navigate the course autonomously, while students narrate their story to judges, according to kdf.org.

- Ascension School's Team 5, composed of elementary-grade students, won first place in the Sumobot challenge. Two robots battle each other while staying on a raised circular ring.
- St. Agnes School's Agnes Hackbot placed second in the Sumobot competition.

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ST. BRIGID & ST. JAMES HOLY WEEK SCHEDULE

PALM SUNDAY VIGIL MASS
 St. Brigid 4 pm | Saturday

PALM SUNDAY
 St. Brigid | 8 am & 10:15 am
 St. James | 8:30 am, 11 am & 7 pm

DAILY MASS
 St. Brigid | Mon, Tues, Wed 12 pm
 St. James | Tuesday 8:30 am

HOLY THURSDAY
 St. Brigid 4 pm | St. James 7 pm
 St. James - Compline 10-10:30 pm

GOOD FRIDAY
 St. Brigid 3 pm | St. James 7 pm

HOLY SATURDAY
 Easter Vigil St. James 8 pm

EASTER SUNDAY
 St. Brigid 8 am, 10:15 am
 St. James 8:30 am, 11 am, 7 pm

Sacred Heart ACADEMY AND Sacred Heart SCHOOL FOR THE ARTS PRESENT

Disney THE LITTLE MERMAID

March 15 7pm
 March 16 7pm
 March 17 2pm/6pm

March 21 7pm
 March 22 7pm
 March 23 2pm/7pm

For tickets and showtimes:
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At the Ursuline Arts Center
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 Members of Sacred Heart Schools • Sponsored by the Ursuline Sisters of Louisville

Comic art depicts life and work of Ursuline Sisters

By RUBY THOMAS
 Record Staff Writer

The life and work of various Ursuline Sisters of Louisville provided inspiration for comic strips created by Sacred Heart Academy art students in celebration of Catholic Sisters Week, March 8-14.

The students showed their work in late February at the Ursuline Motherhouse on Lexington Road.

Ursuline Sister Jean Anne Zappa, the congregation's president, said in a press release, "I was amazed at how the art students captured not only the life of their particular sister, but the spirit of that sister's personality and gifts."

"By their research and study of the sisters' lives, they were able to communicate the nuances of each sister's life, talents and contributions they shared with others," Zappa said.

The comic strips highlighted nine deceased sisters, whose ministry holds historic significance to the Ursulines and the wider community, according to the release.

- Mother Martina Nicklas purchased the first parcel of land on the Lexington Road campus.

- Mother Angela Leininger oversaw the building of the Motherhouse in 1917.

- Mother DeChantal Mulligan lived to be 109 years old.

- Sister Casilda Bowling taught at Sacred Heart and Ursuline College and published a book of exam questions used nationwide in classrooms.

- Mother Cosma Coponi was a nurse at Camp Taylor during the 1918 flu pandemic.

- Sister Brendan Conlon founded Christian Help of Mingo County in Kermit, W.V., to help families with emergency assistance.

- Sister Martha Buser was an author who traveled around the world speaking about St. Angela Merici, foundress of the Ursuline Sisters.

- Sister Regina Bevelacqua co-founded St. Mary's



Photo Special to The Record

A portion of a comic by Sacred Heart Academy art student Sarah Kirchorfer depicts the life and work of Ursuline Sister Mother Martina Nicklas.

Center, which serves intellectually disabled adults and teens from the Louisville area.

- Sister Anne Mary Lochner co-founded and served as the first director of Project Women, now Family Scholar House, which helps single mothers pursue higher education and employment opportunities.

Emily Jarboe, who teaches art to sophomores at Sacred Heart, said she'd been thinking about a project that would weave the sisters' work with art. The idea for the comic strip came to her during a retreat she attended last December, she said.

"At first I was thinking of having the students create a portrait of the sisters. During the retreat, I learned more about St. Angela, and

then talking with the sisters at the retreat, I thought it would be more interesting for the students to research the lives and experiences of the sisters and create a piece telling an aspect of their lives."

Students who created the artwork said they enjoyed learning about the sisters' legacy and were happy to see the community's response to the project.

"It was quite heartwarming to have touched the sisters' heart so deeply," said Liz Staley, a sophomore who participated in the project.

Catholic Sisters Week "shines a light on the spirituality, mission and community building of women religious," according to its website, catholicsistersweek.org.

Lillian has a plan for her future.

But it almost didn't happen.



Lillian found herself alone unexpectedly due to recent life changes. Feeling overwhelmed, she received advice to move to a Life Plan Community. She recognized the benefits of retirement living, but it was always a "someday" decision.

Then, she discovered **The Tower Club at Treyton Oak Towers** and joined their priority membership for future residents.

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2024 GRADUATION ISSUE

Place a personal congratulatory ad in the May 23 edition.

To access the online submission form, scan the QR code or visit TheRecordNewspaper.org and select the advertising tab.

Ad reservation deadline is Monday, April 8, 2024.

Two ad options: 1 col. x 2" (\$45) • 2 col. x 2" (\$75)
 Ad proofs will be emailed. Prepayment is required upon ad approval.

EDITORIAL

Opportunities to help 'comfort' vulnerable people

Catholic Charities of Louisville reported a staggering statistic in a recent news release about its new headquarters, the Catholic Charities Center on East Broadway.

Last year, the agency's 10 programs served more than 46,000 people. That number is incredible, and it's worthy of our notice.

How did fewer than 150 employees accomplish such a feat?

First, it seems like most of them recognize the importance of their work with vulnerable people and genuinely love them.

Steve Kraus, who directs human resources at Catholic Charities, wrote recently in the agency's monthly column in *The Record*. "The needs of humanity are no longer something I just see on television or read about; they are literally in front of me every day."

Even people like him, who work as administrative staff, have the opportunity to feel a closeness to people in need, he noted.

"I see people every day in administrative and operational roles use the gifts God has given them to achieve Archbishop Shelton's motto, 'Comfort My People.'"

Rachel Van Dyke, coordinator of the Youth Mentoring Program, wrote in a September Share the Journey column that she's seen firsthand the challenges facing refugee and immigrant youth in Louisville.

"I love witnessing the ways kids grow and conquer those challenges through their own resourcefulness

and through having a positive adult mentor in their life, cheering them on," she wrote.

Catholic Charities staff have the enviable position of knowing they are changing lives for the better.

That brings us to the second point: They aren't doing it alone — more than 1,000 volunteers assisted Catholic Charities last year, many from Archdiocese of Louisville parishes.

These men, women and children have had the privilege to help change lives. Several of them shared about their experiences in *The Record's* "Given to Share" volunteer section published Feb. 29.

Tom Louderback, who volunteers by visiting residents of nursing homes, said, "I love it because I feel like it restores my soul. The folks I see are as ordinary as me. So, it's pretty easy to feel our connection when I look into their faces and listen to what they say."

Charlie Bird, who drives new refugees to appointments, said, "I love being that human connection for refugees. ... Learning a simple phrase in their native language brings a warm smile and a feeling of comfort for those who have endured challenging circumstances."

Catholic Charities offers all of us an opportunity to join in its work and live Archbishop Shelton's motto: "Comfort My People."

MARNIE McALLISTER
Record Editor

SPEAK TO ME LORD

Scripture readings for March 17

DEACON GREG KANDRA

Fifth Sunday of Lent

First Reading:

Jer 31:31-34

Ps 51:3-4, 12-13, 14-15

Second Reading:

Heb 5:7-9

Gospel: Jn 12:20-33



Whatever else we may be thinking about in these last days of Lent, the readings for this fifth Sunday make it clear: Something's coming.

You can't help but feel that the winds are shifting.

The reading from Jeremiah promises, "The days are coming, says the Lord, when I will make a new covenant with the house of Israel."

The letter to the Hebrews describes Christ's "prayers and supplications ... to the one who was able to save him from death."

And in the Gospel from John, we find words of unmistakable foreboding, even dread. "The hour has come," Jesus says. "I am troubled now ... but it was for this purpose that I came to this hour."

We know, of course, where this is leading: to palms and hosannas, washed feet and broken bread, betrayal and suffering and heart-rending, unavoidable tragedy.

The "something" that's coming is Calvary.

We can only imagine what Christ was thinking as he scanned the skies and marked the days and braced himself for what was about to happen.

But what about us? Where have these days taken us? And what have we taken from them? Are we changed?

We've been expecting this for weeks. But now this is a moment for taking stock. Lent has been about that, really — it's a season for penance and prayer, letting go

and looking within. But these last days before the week we call "holy" are a good time for reflecting more prayerfully on where we have been and where we need to be.

We started this journey with ashes on our brows and "Be merciful, O Lord" on our lips. We skipped desserts and slipped money in the poor box and showed up on Friday nights to follow the Way of the Cross and sing the Stabat Mater. Maybe we ran our fingers over the dry, empty fonts and saw again and again the purple vestments at Mass and were reminded that this is no ordinary time. If we were paying attention, we felt a holy longing, the strange absence of familiar things. It was as close as we could get to spending time in the desert.

It's worth asking ourselves: What has this time taught us? Are we seeing the world differently?

Are we engaging more deeply in conversations with the Lord, in prayer and meditation and reflection and sacred silence?

Are we giving ourselves to others more generously

and joyfully? Are we striving more purposefully to see Christ in the stranger — and to be Christ to those in need?

It's not easy. I know. We all have lives, families, jobs, obligations, responsibilities, deadlines. We try to be holier, to seek opportunities to be the saints we think we can become, but the world keeps intruding. Let's face it: Nobody does Lent perfectly.

But we need to keep trying.

And we need to look beyond the hill to be climbed, to the miracle that comes after. The very word "Lent" comes from an ancient Middle English word meaning "springtime." This is a time for renewal and growth.

Jesus understood as much. Even facing his own death, Jesus offered this resolute hope:

"Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit."

Maybe we don't realize it, but each of us is part of that harvest. We are the fruit of Christ's suffering, death and resurrection — the Christian faithful who, all these generations later, continue to spread his Good News, in ways large and small. Lent should help deepen our awareness of that extraordinary fact — and help us understand more deeply what was given for us, and what we have to give to others.

Yes, something's coming.

Are we ready?

Bishop decries IVF bill signed into law by Alabama governor

By KATE SCANLON
OSV News

Alabama's Republican Gov. Kay Ivey March 6 signed into law a bill passed by lawmakers to grant legal protection to in vitro fertilization clinics after a ruling by that state's Supreme Court found that frozen embryos qualify as children under the state law's wrongful death law.

IVF is a form of fertility treatment opposed by the Catholic Church on the grounds that it often involves the destruction of human embryos, among other concerns.

Ivey said in a statement, "The overwhelming support of SB159 from the Alabama Legislature proves what we have been saying: Alabama works to foster a culture of life, and that certainly includes IVF."

"I am pleased to sign this important, short-term measure into law so that couples in Alabama hoping and praying to be parents can grow their families through IVF," Ivey said.

The ruling by the Alabama Supreme Court found that embryos are children under the terms of the state's Wrongful Death of a Minor Act, a statute that allows parents of a deceased child to recover punitive damages for their child's death.

That ruling came in response to appeals brought by couples whose embryos were destroyed in 2020, when their frozen embryos were improperly removed from storage equipment, which the couples argued constituted a wrongful death. The judges found that under the law, Alabama parents' ability to sue over the wrongful death of a minor child applies to unborn children, without an exception for "extrauterine children."

While the ruling itself was limited in scope, it was met with backlash, as it created complex legal questions about what it entailed for IVF treatments in the state. Multiple IVF providers in

the state paused treatments after it was issued.

An overwhelming majority of Americans said they believe IVF should be legal, according to a March 3 poll by CBS News/YouGov, which found 86% of Americans support keeping IVF legal, while just 14% said it should not be legal.

Republican lawmakers and candidates for office, most notably former President Donald Trump, front-runner for the GOP nomination in 2024, sought to distance themselves from the Alabama Supreme Court's ruling.

Trump said in a Feb. 23 statement, "We want to make it easier for mothers and fathers to have babies, not harder! That includes supporting the availability of fertility treatments like IVF in every State in America."

In a statement issued late in the evening March 8, Bishop Michael F. Burbidge of Arlington, Virginia, said, "The national conversation in the news about laws related to in vitro fertilization and other technologies creates an opportunity and a necessity to speak about protecting the gift of life itself."

"Each of our lives has immeasurable value from the moment of conception," said Bishop Burbidge, chairman of the U.S. Conference of Catholic Bishops' Committee on Pro-Life Activities. "In this way, we know that the deeply-rooted desire to bring about new life by having children is good. As priests and bishops, we grieve with and accompany in hope and love the increasing number of families suffering with an experience of infertility. We also encourage restorative, often-overlooked, treatments that can help to address the root causes of infertility."

"It is precisely because each person's life is a unique gift that we cannot condone procedures that violate the right to life or the integrity of the family. Certain practices like IVF do both, and they are often not effective

even for their own purposes," he added.

Bishop Burbidge said that "children have a right to be born to their married mother and father, through a personal act of self-giving love" but IVF, "however well-intended, breaches this bond and these rights and, instead, treats human beings like products or property. This is all the more true in situations involving anonymous donors or surrogacy."

In the IVF industry, he noted, "many embryos are never transferred to a mother's womb, but are destroyed or indefinitely frozen, and, of those who are transferred, only a fraction survive to be eventually born. All told, there are millions of human beings who have been killed or potentially permanently frozen by this industry. This cannot be the answer to the very real cross of fertility challenges. In efforts to bring about new life, we cannot turn our face from the many more lives that are cut short and extinguished in the process."

The 1987 Vatican document known as "Donum Vitae" or "The Gift of Life," states the church opposes IVF and related practices, including gestational surrogacy, in part because "the connection between in vitro fertilization and the voluntary destruction of human embryos occurs too often."

Issued by then-Cardinal Joseph Ratzinger, the future Pope Benedict XVI, the teaching named the "right to life and physical integrity from the moment of conception until death" and "the child's right to be conceived, brought into the world and brought up by his parents" as behind the church's moral objections to those practices.

"The political authority consequently cannot give approval to the calling of human beings into existence through procedures which would expose them to those very grave risks noted previously," the documents states.

SAINT OF THE WEEK

CLEMENT MARY HOFBAUER, MARCH 16

A baker, Czech-born Johannes Hofbauer, after a period of solitary living and wandering between Rome and Vienna, established the Redemptorists north of the Alps and is considered the order's second founder. He was ordained a Redemptorist priest at age 34 and served in Poland for 20 years, until 1808, when Napoleon suppressed religious orders. He spent the rest of his life in Vienna, battling state control of the church, establishing a Catholic college, and working behind the scenes at the Congress of Vienna. He is the patron saint of Vienna.



BETWEEN AMENS

Living our faith like a run-on sentence

DR. KAREN SHADLE



This column is called "Between Amens" because I generally like to reflect on the connections between everyday life and the liturgy.

There are certainly plenty of resources out there for people who want to learn more about the Mass, and that is a worthy pursuit. I am more interested in what happens before and after and in between these celebrations. How has what we have done here changed us?

We are approaching the holiest days of our liturgical calendar — the Paschal Triduum. This includes several liturgies over the chronological span of three days (from Thursday evening through Sunday evening): the Mass of the Lord's Supper on Holy Thursday, the celebration of the Passion of the Lord on Good Friday, the Great Easter Vigil, and the Masses of Easter Sunday.

Each liturgy is distinct and unique, but together they form one great liturgy. This is truly a weird and special thing about the Triduum — it is a continuous whole.

The Mass of the Lord's Supper on Holy Thursday evening begins like a normal Mass, but it does not end in the usual way. Instead of

the typical concluding rites with a blessing and dismissal, Holy Thursday ends with the transfer of the Blessed Sacrament to the altar of repose. We sit in adoration for a while, and the altar is stripped. This is sort of an indefinite continuation of the Communion Rite.

There are no real introductory rites on Good Friday. Its liturgy begins with the silent entrance of the priest, who prostrates himself on the ground. All depart in silence at the end. Like Holy Thursday, Good Friday concludes with an open-ended question: What next?

The Easter Vigil on Holy Saturday begins like nothing else — with a fire in darkness, a great candle, the distinctive chants of "Lumen Christi" and the Exsultet. Finally, this long, complex, run-on sentence of the Pas-

chal Triduum receives a period with the concluding blessing and dismissal of Easter: Thanks be to God, alleluia, alleluia.

I think the continuity of the Triduum liturgies provides a great opportunity to focus on the in-between time. It's a reminder that our praise never ends. The liturgy continues after "Amen."

I reject a segmented life where I practice my faith only for an hour on Sunday. On the contrary, the time spent in formal worship is just one part of a continuous, whole life of prayer in a much broader sense.

What are you doing in the in-between time this Triduum? How will you continue the prayer after leaving the church building?

This time doesn't need to be totally somber and morose. It can and should include a lot of joy and leisure, time spent enjoying friends and family and perhaps watching the NCAA Sweet Sixteen.

But whatever we do, it must reflect the beauty of the Triduum. It must reflect the grace of God, even if in very simple ways. This is liturgical living — to make of our whole life one continuous prayer.

 THE RECORD Archdiocese of Louisville

President Most Rev. Shelton Joseph Fabre, Archbishop of Louisville
Editor Marnie G. McAllister
Editor Emeritus Glenn O. Rutherford



The Record, (ISSN 0746-8474) is published weekly except the first Thursdays in January, July and August and the last Thursday in December for \$16 per year by the Roman Catholic Archdiocese of Louisville, 3940 Poplar Level Road, Louisville, KY 40213-1463. Periodicals postage paid at Louisville, KY.
POSTMASTER: Send address changes to Archdiocese of Louisville, Office of Mission Advancement, 3940 Poplar Level Road, Louisville, KY 40213-1463.

Subscription Rate: \$16 annually
Change of Address: Send notice of change of address to the Postmaster address listed above or email changes to circulation@archlou.org, giving both the old and new address. Allow two weeks for corrections to be made.

BULLETIN BOARD

Serra lunch to focus on culture of vocations

The St. Serra Club of Louisville, which promotes religious vocations, will hold its next luncheon meeting at 11:30 a.m. March 18 at Golden Corral, 4032 Taylorsville Road.

Father Tony Smith will discuss, "How Can We Better Create a Culture for Vocations?"

The cost is \$12 for members and \$15 for others. For more information, call Chuck Lynch at 442-9302.

Lent

"Way of the Cross: A Walk for Justice," a 1.5-mile ecumenical Stations of the Cross, will process through downtown Louisville, beginning at 9:30 a.m. on Good Friday, March 29. The walk will start at Martin Luther King Jr. Park on Chestnut Street between Sixth and Seventh Streets.

It will end at 11:30 a.m. across from the Cathedral of the Assumption at Founders Square, located at Fifth Street and Muhammad Ali Boulevard.

Prayers at each station during the service will focus on those who experience violence, suffering and oppression in remembrance of the final moments of Jesus' life.

For more information, contact Lisa Steiner at lisasteiner@gmail.com or 533-4040.

The Living Stations of the Cross, presented by St. Athanasius School students, will be offered several times during Holy Week. All are invited to the presentations held in the church, 5915 Outer Loop.

- March 25 at 6 p.m.
- March 26 at 10 a.m.
- March 28 will begin with fifth graders and kindergartners enacting the Passover at 1 p.m. and sixth and seventh graders presenting the stations at 1:15 p.m.

Stations of the Cross will be prayed at 1 p.m. each Friday during Lent at one of four Catholic cemeteries in Louisville.

On March 22, students from Holy Trinity School will lead the Stations of the

Anniversaries



Mr. and Mrs. Danny Hester Sr., members of St. Bernadette Church, will celebrate their 50th wedding anniversary on March 23. Mrs. Hester, the former Deborah Jane Harr, retired as office manager for Executive Strike & Spare in 2018 after 35 years. Mr. Hester retired as operations manager at Advance Distribution Services in 2015 after 41 years. The couple will celebrate with a family dinner at Captain's Quarters Riverside in Prospect, Ky.

Cross at St. Michael Cemetery, 1153 Charles St. Participants will gather at the priest section.

The stations cover a distance of 300-400 yards. Those unable to walk the distance may drive to each station and pray from their cars. For more information, call the Catholic Cemeteries office at 451-7710.

A Catholic Charismatic Renewal gathering will be held on March 17 at Holy Family Church, 3938 Poplar Level Road, at 2 p.m. "Let Our Light Shine," a Lenten event, will offer testimony, healing prayers, worship and praise. For more information, contact Bob Garvey at 435-6186 or bgarvey@aol.com.

Services, Devotions

Swieconka, a Polish Catholic tradition of blessing food for Easter Sunday, will be offered in Epiphany Church's Parish House, 914 Old Harrods Creek Road, March 30 at noon. Pronounced *shui-en-tzon-kah*, Swieconka invites Catholics to bring baskets of food samples or ingredients for Easter Sunday to be blessed on Holy Saturday. To learn more about the tradition, visit www.ECCLou.org. For more information, call Stacey Smith at 780-1323 or stacey@ecclou.org.

A Special Disciples of Jesus Mass will be celebrated on March 24 at 3 p.m. at St. Margaret Mary Church, 7813 Shelbyville Road. Special-needs families and friends are invited to attend the shortened Mass intended for children. A light reception will follow. For more information, contact Tara Mattingly at 690-2851 or tmattingly@stmm.org.

Retreats

A Multicultural Women's Day of Reflection, hosted by the Office of Multicultural Ministry, will be offered on March 23 from 9 a.m. to 2 p.m. at the Flaget Retreat Center, 1935 Lewiston Dr. Registration is \$15. For more information and to register, call the office at 471-2146.

A Maranatha Retreat, designed for those who are chronically ill and their caregivers, will be held at the Flaget Retreat Center, 1935 Lewiston Dr., on May 11 from 9 a.m. to 6 p.m. The retreat will offer spiritual presentations, small-group sharing, meditation and sacraments.

The retreat is meant for those with various illnesses and medical conditions — including cancer, diabetes, heart and lung problems,

stroke, depression, stress and anxiety. The event is free, but registration is required. To register, contact Denise Bouchard in the Family Ministries Office at 636-0296 or dbouchard@archlou.org.

Outreach Opportunities

Sister Visitor Center — a service of Catholic Charities of Louisville that provides emergency assistance — is seeking donations of adult coats, hats, gloves and scarves. All gently used or new winter attire is appreciated.

Contact Sister Visitor Center at 776-0155, ext. 104, for more information.

The Catholic Enrichment Center, 3146 W. Broadway, needs volunteers to assist at the front desk, answer phone calls and let guests into the building. The center also needs volunteers to work with the expanding Tours to Care services. Those who are interested should call the center at 776-0262 or visit to fill out a volunteer information form.

The Schuhmann Center, 730 East Gray St., a ministry of the Shrine of St. Martin of Tours that serves homeless men and women, needs donations of men's new underwear and T-shirts sizes large and extra large in anticipation of summer. To donate, call Jim Nix at 589-6696.

Organization

The Catholic Single Adults Club is hosting singles aged 50 and over for dinner at Applebee's on March 24 at 5 p.m. For more information, call 553-1476.

Vocations

The Dominican Sisters of Peace will offer a free Come and See discernment weekend retreat March 15-17 for single Catholic women ages 18-45 on their Motherhouse campus in Akron, Ohio, and via Zoom. To register, visit <http://tinyurl.com/mrxum9xf>. For more information, call or text June Fitzgerald at 570-336-3991 or send an email to june.fitzgerald@opeace.org.

Alumni Events

Members of St. Vincent de Paul School's class of 1955 are invited to attend a reunion this summer. For more information, contact Bonita Hyberger McCubbins at 241-9675 or Sharon Guenther at 222-0266 or 579-0376.

St. Margaret Mary School's class of 1974 is planning a 50-year reunion

the weekend of June 14. All members of the class of 1974 are asked to visit the planning committee's website at <https://sites.google.com/view/smm7450/home> for more information.

Here and There

The Franciscan Kitchen will host its annual trivia night, including silent auctions, from 7 p.m. to 10 p.m. March 23 at Holy Family Church, 3938 Poplar Level Road. The cost is \$20 per person. Teams can include six to eight individuals. Beer, water and soft drinks will be available for sale. Teams are allowed to bring food to share. Space is limited. To reserve a table, contact Alan Kissel at 553-2504 or apkissel@twc.com.

An event to help support the Cathedral of the Assumption's Sandefur Dining Room ministry is planned on March 22 from 5 to 8 p.m. at Boom-Bozz, 1315 Herr Lane. The event will raise funds for the ministry's major fundraiser, Let's Dance Louisville, which will be held in June.

The Columbia Ladies card party will be held from 10 a.m. to 3 p.m. March 23 at the Knights of Columbus Club House, 4417 River Road. The cost is \$10 to play, and lunch is included. To register call 893-2220 or 599-8113. A portion of the proceeds will benefit the Knights' charitable work.

Support Groups

The Hope and Healing Grief Group for those touched by the loss of a loved one to substance abuse meets at St. Albert the Great Church, 1395 Girard Dr., on the third Wednesday of the month from 6:30 p.m. to 8 p.m. in the Sacred Heart Center. Contact Laura Graven at lgraven@stalbert.org or 425-3940, ext. 169, for more information. All are welcome.

A NAMI (National Alliance on Mental Illness) family support group is offered at St. Albert the Great Church, 1395 Girard Dr., on the third Sunday of the month from 7 p.m. to 8:15 p.m. in the Parish Life Center. The group is designed to provide an open and supportive environment for those caring for a person with mental illness, including anxiety, depression, addiction, suicidal ideation or other diagnoses. All are welcome.

Parents of Addicted Loved Ones (PAL) meets weekly on Sundays from 3 p.m. to 4:30 p.m. at St. John Paul II Church, 3525 Goldsmith Lane.

Education and Enrichment

lose, director of mission at Catholic Charities, will lead the presentation. All are welcome to attend.

The Archdiocese of Louisville Ministry Institute will offer several faith formation classes this month.

■ **Adolescent Moral Development**, March 18, 3:30 p.m. to 6 p.m., Our Lady of Lourdes Church, 508 Breckenridge Lane.

■ **Introduction to Prayer**, March 20, 6:30 p.m. to 9 p.m., St. Francis Xavier Church in Mount Washington, Ky.

For more details about

each class and a full listing, view the course catalog at: <https://archlouff.org/>. Each class is \$10. To register or for more information, contact Lynn McDaniel at lmcdaniel@archlou.org or 636-0296, ext. 1267. Class sizes will be limited and participants must pre-register.

The Adult Christian Enrichment Programs of St. Albert and St. Bernadette churches are exploring challenges presented in Scripture relating to faith, the church and the world today through a series of classes offered via Zoom.

The programs will be offered on Thursdays from 7 p.m. to 8:30 p.m. and again on Fridays from 10 a.m. to 11:30 a.m.

The next dates and topics are:

- March 21 and 22: Science of Gender Confusion
- March 28 and 29: No class (Holy Week)
- April 4 and 5: White Supremacy and American Christianity.

Call Lynnette LeGette at 802-5966 to register for free and receive the link to the class.

AROUND THE WORLD

Catholic News Service and OSV News

The church and the world need women's contributions, pope says

VATICAN CITY — The Catholic Church and the world itself need the gifts and contributions of women, especially in bringing people together and overcoming tensions and violence, Pope Francis wrote.

"Ours is a time seared by hatred, in which our human family, which needs to feel the power of love, is instead frequently seared by violence, war and ideologies that stifle the noblest feelings of the human heart," he wrote. "Precisely in this context, the contribution of women is more necessary than ever."

Pope Francis prepared his text for an audience with people participating in a March 7-8 conference, "Women in the Church: Builders of Humanity." While the pope met participants in the Apostolic Palace at the Vatican March 7, he had an aide read his speech.

The conference, hosted by Rome's Pontifical University of the Holy Cross, was sponsored by several pontifical universities and coincided with the celebration March 8 of International Women's Day.

Church leaders decry latest kidnapping of students in Nigeria

KURIGA, Nigeria — Recent kidnappings of hundreds of people in Nigeria, including almost 300 schoolchildren March 7 in Kuriga, have left church leaders and parents, including Catholics, speechless. In broad daylight, gunmen raided a government primary school and kidnapped at least 287 pupils in the biggest mass abduction from a school in a decade. The incident is the second mass kidnapping in the West African nation in less than a week.

"This is heartbreaking to all of us, and it's now time for the authorities to act fast to stop the killings and abductions," lamented Emmanuel Ayeni Nwogu, a catechist from the Archdiocese of Kaduna, where the March 7 abduction happened. "We continue to pray for the children who have been kidnapped, and we hope they are still alive and under the mighty hand of God."

Africa's most populous nation has faced an array of security challenges since 2009, when Boko Haram launched its Islamic uprising to overthrow Nigeria's secular government and create an Islamic state. The primary target of the militants are Christians, although the terror groups target government schools as well. Lacking fighters, they abduct boys for military purposes.

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The Record offices will be closed on Good Friday, March 29, and Easter Monday, April 1. Please submit news and events early to be included in the April 4 edition.

theRecordNewspaper.org

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Or, scan this QR code using your phone to access the online form and submit directly from your phone.



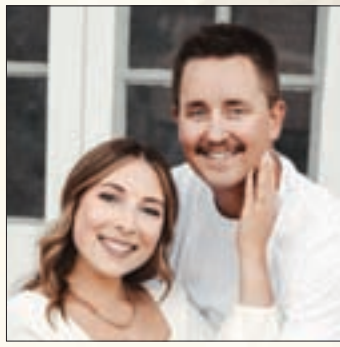
Wedding Announcements



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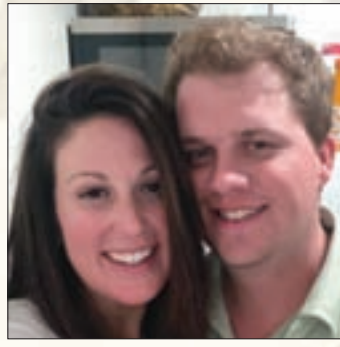
“Your love today, as beautiful as it is, is the beginning of a journey. My prayer is that your journey together through life’s laughter and tears will deepen your love and strengthen your faith.”

— Most Reverend Shelton J. Fabre,
Archbishop of Louisville



Burch—Smith

Leah Grace Burch and Aaron Edward Smith will be married May 24, 2024, at St. Margaret Mary Church. The bride is the daughter of Randall and Stephanie Burch of Louisville. She is a graduate of the University of Louisville and works as an administrative officer for a family company. The groom is the son of Scott and Gale Smith of Louisville. He is a graduate of the University of Louisville and works as a sports sales representative. The couple will reside in Louisville.



Clay—Franklin

Natalie Helen Clay and David Michael Franklin will be married on June 8, 2024, at St. Louis Bertrand Church. The bride is the daughter of Patrick and Mary Lynn Clay of Louisville. She is a graduate of Presentation Academy and works at Northside Hospital in Atlanta. The groom is the son of Kathy Dunn O’Byran of Athens, Ga. He is a graduate of the University of North Georgia and works for Soliant Health. The couple will reside in Atlanta.



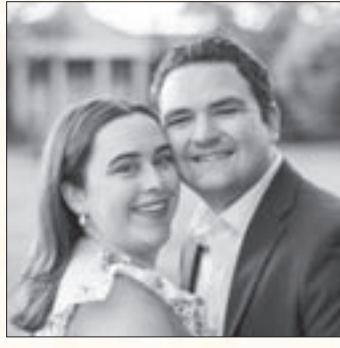
Hrabik—Remmert

Cassidy Elizabeth Hrabik and Raymond Scott Remmert will be married on May 25, 2024, at Holy Trinity Church. The bride is the daughter of William and Jill Hrabik of Louisville. She is a graduate of the University of Kentucky and works for the Alzheimer’s Association. The groom is the son of Mark Remmert of Emporia, Kan., and Judy Remmert of Frankfort, Mich. He is a graduate of Kansas State and works for Marex. The couple will reside in Chicago.



Lindell—Zissett

Emily Brooke Lindell and Jarrett Allen Zissett will be married on June 1, 2024, at Immaculate Conception Church in La Grange, Ky. The bride is the daughter of Richard and Jeanette Lindell of Crestwood, Ky. She is a graduate of Coastal Carolina University. The groom is the son of James “Andy” and Marie Zissett of Barnwell, S.C. He is a graduate of Coastal Carolina University and the University of Kentucky. The couple will reside in Louisville.



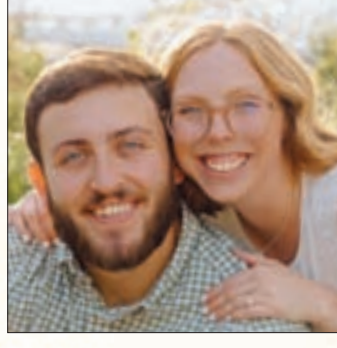
Caudill—Meyer

Lilly Blake Caudill and Ryan Stephen Meyer will be married June 15, 2024, at St. James Church. The bride is the daughter of Charles and Dana Caudill of Louisville. She is a graduate of Bellarmine University and works as a grant writer for Home of the Innocents. The groom is the son of Stephen and Lisa Meyer of Louisville. He is a graduate of Bellarmine University and works as an IT product manager for Texas Roadhouse Support Center. The couple will reside in Louisville.



Curley—Morris

Elena Sheridan Curley and John Joseph Morris will be married on April 6, 2024, at the Cathedral of the Assumption. The bride is the daughter of Robert and Michelle Curley of Louisville. She is a graduate of Northwestern University and works as a manager of talent acquisition at AArete. The groom is the son of J. Gary and Diane Morris of Lansdale, Pa. He is a graduate of Northwestern University and works as a project manager at Evergreen Real Estate Group. The couple will reside in Chicago.



Kleine-Kracht—Cunningham

Jeanna Marie Kleine-Kracht and Ian McKinley Burkhead Cunningham will be married on June 29, 2024, at St. Gabriel the Archangel Church. The bride is the daughter of Joe and Angie Kleine-Kracht of Louisville. She is a graduate of Western Kentucky University and works as a producer at WDRB News. The groom is the son of Daniel and Suzanne Cunningham of Louisville. He is a graduate of Western Kentucky University and works as a photographer at WDRB News. The couple will reside in Louisville.



Mattingly—Sinkford

Susan Christine Mattingly and Cole Ellison Sinkford will be married on July 13, 2024, at St. James Chapel in Chicago. The bride is the daughter of Joseph and Carol Mattingly of Lebanon, Ky. She is a graduate of the University of Kentucky and works for Salesforce. The groom is the son of Charles Sinkford of Mentor, Ohio, and Charlotte Wood of Columbus, Ohio. He is a graduate of the University of Cincinnati and works for Global Foundries. The couple will reside in Chicago.

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Lappe—Purcell

Erin Eileen Lappe and David Martin Purcell Jr. will be married on March 23, 2024, at Old St. Patrick’s Church in Chicago. The bride is the daughter of Michael and Mary Lappe of Chicago. She is a graduate of the University of Dayton and works as a teacher. The groom is the son of Marty and Cathy Purcell of Louisville. He is a graduate of the University of Notre Dame and works as a consultant. The couple will reside in Chicago.



Pennington—Ash

Hannah Marie Pennington and Nicholas Matthew Ash will be married on July 13, 2024, at Church of the Ascension. The bride is the daughter of Clark Pennington of Louisville and Julie Brown of Louisville. She is a graduate of Assumption High School and Western Kentucky University and works as a teacher at Ascension School. The groom is the son of Teri Ash of Louisville. He is a graduate of Trinity High School and Hanover College and works as a sales engineer at Keyence. The couple will reside in Louisville.



Liebert—Selva

Kristen Michele Liebert and Christopher John Selva will be married June 1, 2024, at St. James Church. The bride is the daughter of Kevin and Michele Liebert of Prospect, Ky. She is a graduate of Sacred Heart Academy and Xavier University. The groom is the son of Manny and Judi Selva of Golden, Colo. He is a graduate of St. Thomas Aquinas High School in Fort Lauderdale, Fla., and Hofstra University. The couple will reside in The Colony, Texas.

Be a part of the
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Rickert—Pyles

Heather Anne Rickert and Shelby Joseph Pyles will be married on April 13, 2024, at St. James Church. The bride is the daughter of Art and Debbie Rickert of Louisville. She's a graduate of Sacred Heart Academy and the University of Louisville and works as a registered nurse for Baptist Health Louisville. The groom is the son of Pam and the late Rick Pyles Sr. of Louisville. He is a graduate of St. Xavier High School and Murray State University and works as a safety engineer for Ford Motor Co. The couple will reside in Louisville.



Usher—Burns

Lillian Margaret Usher and Connor Joseph Burns will be married on April 6, 2024, at St. Boniface Church. The bride is the daughter of Dr. John and Lynn Usher of Louisville. She is a graduate of the University of Louisville and works as an industrial engineer at UPS Supply Chain Solutions. The groom is the son of Greg and Carole Burns of Danville, Ky. He is a graduate of the University of Louisville and works as a bio-engineer at Sora Neuroscience. The couple will reside in Louisville.



Wiehebrink—Williams

Jordan Rose Wiehebrink and Sean Scott Williams will be married on April 27, 2024, at St. Boniface Church. The bride is the daughter of James and Pamela Wiehebrink of Louisville. She is a graduate of the University of Louisville and Bellarmine University and works as the director of enrollment strategy and innovation and as an adjunct faculty member at Bellarmine. The groom is the son of Gregory and Deborah Williams of Louisville. He is a graduate of the University of Louisville and works as a licensed real estate broker with Remax Premier Properties. The couple will reside in Fishersville, Ky.



Selvaggi—Campbell

Grace Marie Selvaggi and James "Woody" Gill Campbell Jr. will be married on May 11, 2024, at the Cathedral of the Assumption. The bride is the daughter of Kenneth and Anne Selvaggi of Louisville. She is a graduate of the University of Kentucky and works as a mental health therapist for Lifestance Health, Inc. The groom is the son of James and Karen Campbell of Louisville. He is a graduate of the University of Kentucky and works as a CPA for Ernst & Young. The couple will reside in Charlotte, N.C.



Vivona—Alford

Andrea M. Vivona and Jeff T. Alford will be married on April 27, 2024, at St. James Church. The bride is the daughter of Vic and Cindy Vivona of Louisville. She is a graduate of Assumption High School and works as a physical therapist assistant. The groom is the son of Bob and Linda Alford of Owensboro, Ky. He is a graduate of Hancock County High School and works for Fives Intralogistics Corporation. The couple will reside in Louisville.

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Marriage Announcements



Brown—Boarman

Karlie Marie Brown and Tyler Christopher Boarman were married on March 25, 2023, at the Cathedral of the Incarnation in Nashville, Tenn. The bride is the daughter of Tim and Lora Brown of Nashville. She is a graduate of the University of Kentucky and works as an enterprise account executive at Comcast. The groom is the son of Christopher and Amy Boarman of Louisville. He is a graduate of the University of Kentucky and works as a national sales manager at Re-Tek Products. The couple reside in Louisville.



Parsley—Purcell

Natalie Elizabeth Parsley and Zachary Ryan Purcell were married on Feb. 24, 2024, at St. Louis Bertrand Church. The bride is the daughter of Steve and Johnita Parsley of Louisville. The groom is the son of Mark and Tammy Purcell of Louisville. The couple reside in Louisville.

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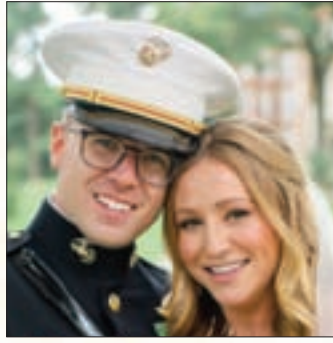
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www.MikeLinnigsRestaurant.com



Duffey—Menchen

Erin Marie Duffey and Jordan Karl Menchen were married on Feb. 17, 2024, at St. Rita Church in Santa Rosa Beach, Fla. The bride is the daughter of Michael and Deborah Duffey of Santa Rosa Beach. She's a graduate of the University of Kentucky and works for Fidelity. The groom is the son of Michael and Julie Menchen of Winchester, Ky. He's a graduate of the University of Kentucky and works for Paramount. The couple reside in Newport, Ky.



Usher—Sirianno

Rosalie May Usher and Mitchell Thomas Sirianno were married on Sept. 3, 2023, at Sacred Heart Motherhouse. The bride is the daughter of Dr. John and Lynn Usher of Louisville. She is a graduate of the University of Louisville and Bellarmine University and works as a family nurse practitioner for CVS. The groom is the son of Thomas and Karen Sirianno of Simpsonville, Ky. He is a graduate of the University of Louisville and works as a pilot for the United States Marine Corps. The couple reside in Escondido, Calif.

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1395 Girard Ave.

Aug. 24 • St. Peter the Apostle
5431 Johnstontown Rd.

Sept. 21 • St. Joseph
310 West Stephen Foster Ave., Bardstown

Nov. 16 • Holy Trinity
501 Cherrywood Rd.

For more information or to register visit www.archlou.org/foundation-for-marriage or scan the QR code.



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Cost per couple: \$175, includes meals

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5431 Johnstontown Rd.

Oct. 15 & 16 • St. Bernadette
6500 Saint Bernadette Ave, Prospect

For information or to register, visit www.louisvillecee.org or scan the QR code.



For more information, refer to the Archdiocese of Louisville's website: www.archlou.org/family. Click on the 'Marriage Preparation' link.

Obituaries

Sister Michaela Cronin, an educator, dies at 99

Sister of Charity of Nazareth Michaela Cronin, formerly Sister James Marguerite, died March 11 in Nazareth, Ky. She was 99 and in her 69th year of religious life.

Sister Cronin, a native of Lexington, Ky., ministered as an educator in Kentucky, Ohio, Mississippi, Arkansas, Massachusetts, Tennessee and Maryland.

She also served as a pastoral associate at Immaculate Heart of Mary Church in Lexington Park, Md.

She served her community as the associate director for Camp Maria Retreat Center in Leonardtown, Md., where she spent her summers growing up — from

1997 to 2008. Sister Cronin also served at the Nazareth Retreat Center as a volunteer from 2008 to 2020.

She is survived by members of her extended family and members of her community, including her friend Sister Carol McKean.

A wake service will take place at 6:30 p.m. March 13 in St. Vincent Church on the Motherhouse campus.

The Mass of Christian Burial was celebrated in St. Vincent Church March 14 followed by burial in Nazareth Cemetery.

Expressions of sympathy may be made to the Sisters of Charity of Nazareth, Office of Mission Advancement, P.O. Box 9, Nazareth, Ky., 40048.

Dominican Sister Doris Lee Mingus, a teacher, dies

Dominican Sister of Peace Doris Lee Mingus died March 11 at Sansbury Care Center in St. Catharine, Ky. She was 83 and had been a Dominican for 63 years.

Sister Mingus, a native of Louisville, ministered as a teacher in Kentucky, West Virginia, Illinois and Tennessee.

In the Archdiocese of Louisville, she taught at St. Rose in Springfield, Immaculate Heart of Mary, Our Lady of Mount Carmel, Sts. Simon and Jude and West End Catholic schools in Louisville.

Sister Mingus served her community by providing community service and pastoral care at Sansbury Care Center. She was a reception-

ist at the Motherhouse from 2006 to 2018.

In 2018, she moved to Sansbury Care Center where she began a ministry of prayer and presence.

Sister Mingus is survived by her brother Ronnie Mingus, her sisters Ruth Ann Burke and Rita Hasty and several nieces and nephews.

The Mass of Christian Burial was celebrated March 15 in the Sansbury Care Center Chapel with burial in the St. Catharine Motherhouse Cemetery.

Expressions of sympathy may be made to the Dominican Sisters of Peace, Office of Mission Advancement, 2320 Airport Drive, Columbus, Ohio, 43219-2098, or securely online at www.oppeace.org.

Catholic Charities begins work downtown

Continued from Page One

to serve some of the most vulnerable people in our community," said Lisa DeJaco Crutcher, Catholic Charities' chief executive officer, in a press release about the move. "By having so many programs under one roof for the first time, we'll be able to carry out our mission with more focus, collaboration, and gusto than ever before."

Catholic Charities offices were formerly located in two primary locations — 2911 South Fourth Street on the campus of Holy Name Church and in the 2200 block of West Market on the campus of the former St. Anthony Church.

Plans to consolidate the offices into a more modern and accessible headquarters have been in the works since 2019. The two former locations were about five miles and 15 minutes apart, making collaboration among staff difficult, said DeJaco Crutcher in an interview in 2019. The facilities were aging, lacked accessibility and were needlessly costing the agency nearly \$200,000 a year, she said at the time.

The majority of Catholic Charities' programs will now operate in the new center. Among them are classes for people coming to Louisville as refugees, providing instruction in a variety of areas, such as English, computer skills and job preparation. Programs for expecting parents, residents of long-term care facilities, community gardeners, survivors of human trafficking and several others are housed at the center, too.

According to the press release, about 115 of the agency's 144 employees will work from the new headquarters. Another 20 will work from leased space in the nearby MedCenter One building at 501 E. Broadway.

Sister Visitor Center at 23rd and West Market streets will remain at that location; Common Table, a culinary arts job training program, will remain in the Dare to Care Community Kitchen at 1200 S. 28th Street; and The Father Jack Jones Food Pantry will continue to operate from the Holy Name Church rectory at 2914 S. Third Street. Catholic Charities staff also will continue to do anti-human trafficking work from offices in Owensboro and Lexington.

DeJaco Crutcher noted



Record Photos by Marnie McAllister

Deacon Scott Haner, above left, a member of the Catholic Charities Board, worked at a table in the leadership offices in the new Catholic Charities Center as Holly Baumer Smith worked at her desk. A playground at the center, immediately below, provides an enclosed space for children to play while their parents attend classes and meetings. Students on spring break from James Madison University, bottom photo, ate lunch in the break room in the new Catholic Charities Center. They helped build storage shelves in the center.



that the new center is conveniently located for clients near major roadways, bus routes and other social service agencies, such as the Society of St. Vincent de Paul,

Goodwill and the Smoketown Family Wellness Center.

Catholic Charities purchased the building in 2022 for \$5.1 million from Stock Yards Bank. Renovations to

the building, which was used as a bank operations center, are wrapping up now.

Catholic Charities plans to host a grand opening event on April 15.

Light A Candle—IN MEMORIAM

The Record offers a special section for members of our Catholic community to place a prayer or message of remembrance for a loved one who has passed.



This section is available for weekly publication.

For details, please call (502) 471-2125.

LENTEN DINING GUIDE

St. Michael Catholic Church
3705 Stone Lakes Dr, Louisville, KY 40299



Fridays: Feb 9th thru March 22nd
Dine-In: 5pm-8pm

Drive Thru: 4:30pm-7:30pm

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Menu



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Submit information and photos to record@archlou.org or scan the QR code.

Living Lent in the Eucharist

Continued from Page One

"Everything we are doing leads up to that moment," he said. And "everything after that is an invitation to be that (Eucharist), Christ in the world."

He suggested for Lent, that "we challenge ourselves to pay attention from beginning to end."

Fasting

"Do we pay attention to the invitation to fast the hour before Mass?" Turner wondered.

We often take care to prepare ourselves physically for Mass — with nice clothes and hairstyles, he noted.

Fasting "is a type of spiritual preparation to receive Christ in the Eucharist," he said.

He offered three ways to regard fasting:

First, fasting is a type of sacrifice, Turner said. "Christ sacrificed himself on

Lenten practices are 'a spiritual exercise designed to bring us closer to Christ.'

Art Turner, director of the Office of Faith Formation

the cross. I can sacrifice by abstaining from food."

Next, we are imitating Christ in the wilderness during the 40 days of Lent. "He finds who he is as Messiah," Turner said. "Fasting is a way of becoming our true selves."

"What happens when we fall into temptation? We are not being true to ourselves," he said.

Finally, he said, fasting "is also a way to be mindful of the poor because they are

hungry. Eventually, my hunger will go away, I'll eat. But that's not true for the poor."

Almsgiving

"If fasting helps us identify with the poor, almsgiving is about gratitude," said Turner.

"The Eucharist means Thanksgiving," he noted. "Am I grateful enough for my relationship with Christ to give from my heart, without strings attached?"

Almsgiving isn't just about donating money or clothing; relationship is at its heart, said Turner.

"If fasting is a way to identify with the poor through hunger, almsgiving is a way to look them in the eye," he said.

When you encounter someone in need, "Do I greet them? Do I roll down my window and hand them a dollar without looking their way or do I look them in the eye?"

"Am I grateful enough to see Christ in them?"



LENTEN DINING GUIDE

- | | | |
|--|---|---|
| <p>ST. AGNES
1800 Newburg Road
Fridays through March 22
5-7:30 p.m.
Fried/Baked Fish, Sides, Homemade Desserts
Cake Wheel. Lic. #ORG0000274</p> | <p>HOLY FAMILY
3938 Poplar Level Road
Fridays through March 22
Lunch, 11 a.m.-1 p.m.
Dinner, 4:30-7 p.m.
Fried/Baked Fish, Shrimp, Multiple Sides
Dine-in, Carryout, Drive-thru
Full Menu: holyfamilyky.org</p> | <p>OUR LADY OF MT. CARMEL
5505 New Cut Road
Fridays through March 22
5-7:30 p.m.
Carryout starting at 4:30 p.m., (in cafeteria)
Dine-in (in the gym), Cake Booth, Games.
Lic. #0098</p> |
| <p>ST. ALBERT THE GREAT
1395 Girard Drive
Fridays, Feb. 23 - March 22
5-7:30 p.m.
Dine-in and Carry-out
Fried & Baked Fish, Shrimp, Pizza, Sides, Homemade Desserts
Pull Tabs Lic. #0407</p> | <p>HOLY TRINITY
501 Cherrywood Road
Fridays, Feb. 23 - March 15
5:30-8 p.m.
Fried & Baked Fish, Pizza, Visa, MC, Discover, Amex
Dine-in and Take out!</p> | <p>OUR MOTHER OF SORROWS
770 Eastern Parkway
Fridays through March 22
5-7:30 p.m.
Dine-in & Carry-out, Baked/Fried Fish, Dessert Wheel, Pull Tabs, Used Book/Media Sale!
Lic. #ORG-0000099</p> |
| <p>ST. ALOYSIUS, PEWEE VALLEY
212 Mt. Mercy Drive
Fridays through March 22
5-8 p.m.
Fried & Baked Fish, Rolled Oysters, Shrimp & 10 sides!
Dine-in; Carry-out & Drive-thru
No Fish Fry on Good Friday!</p> | <p>ST. JAMES, LOUISVILLE
1818 Edenside Avenue
Fridays through March 22
5-7:30 p.m.
Fried/Baked Fish, Rolled Oysters & Sides
Cake Wheel w/special laydown
Split the Pot, Lic. #0990
DINE-IN OR CARRY OUT</p> | <p>ST. PATRICK
1000 N. Beckley Station Road
Fridays through March 15
5-7:30 p.m.
31st Annual Award Winning Fish!
Shrimp, Fish Tacos, Lobster Bisque, Cheese Pizza & Sides.
Dine in/Carry Out
Credit Cards Accepted</p> |
| <p>ASCENSION
4600 Lynnbrook Drive (off Browns Ln. and Lowe Rd.)
Fridays through March 22
4:30-8 p.m.
Baked/Fried Fish, Shrimp, à la carte Sides,
Drive-thru & Inside Service</p> | <p>ST. JOHN PAUL II
3521 Goldsmith Lane
Fridays through March 22
Lunch, 11 a.m.-1 p.m.
Dinner, 5-7:30 p.m.
Fish Sandwiches, Fish or Shrimp Tacos
Dine-in/Carryout
Call Ahead, 456-6468</p> | <p>ST. PAUL
6901 Dixie Highway
Fridays through March 22
4:30-7 p.m.
Fried/Baked Fish, Shrimp, Oysters & Sides
Dine-in, Carry-out & Drive-thru
Cash or Card Accepted</p> |
| <p>ST. ATHANASIUS
5915 Outer Loop
Fridays through March 22
5-7:30 p.m.
Dine-in, Drive-thru & Carry out
Fried Fish, Oysters, Shrimp and Sides
Enjoy our Famous Egg Rolls!
MC/Visa/Cash Accepted</p> | <p>ST. JOSEPH
1406 E. Washington St.
Fridays through March 22
Lunch: 11 a.m.-1 p.m.
Dinner: 4:30-7 p.m.
Fish, Oysters, Hush Puppies, Homemade sides and Desserts.
Dine in, Carry out or Call in at 583-0892</p> | <p>ST. PETER THE APOSTLE
At St. Andrew Academy Gym
7724 Columbine Drive
Fridays through March 22
5-7:30 p.m.
Cash/Credit, Dine-In, Carry-Out, Drive-Thru
Fish, Shrimp, Pan Fried Oysters, Pizza, Sides, Cake Wheel, Bouncy House
Lic. # 1903</p> |
| <p>ST. BARTHOLOMEW
2040 Buechel Bank Road, Gym
Fridays through March 22
4-7 p.m.
Dine-in & Carry-out
We offer 10 side items!
Cake Wheel & Split the Pot
Lic. #0000119</p> | <p>ST. JOSEPH
310 W. Stephen Foster Ave.
Bardstown, KY
Fridays through March 15
4:30-7 p.m.
Dine-in; Carry-out & Drive-thru
Adult Meal: \$12
Fish, Hush Puppies, Fries, Cole Slaw, Green Beans & Dessert
Grade School Meal: \$6
Pizza, Fries, & Dessert!</p> | <p>ST. RAPHAEL
2900 Bardstown Rd.
Fridays through March 22
5-8 p.m.
Dine- in and Carry-out</p> |
| <p>ST. BERNARD
7500 Tangelo Drive
Fridays through March 22
Lunch: 11 a.m.-1 p.m.
Carryout - (Football Concession)
Dinner: 5-7:30 p.m.
Dine-in only in Gym
Order ahead online at: www.stbernardfishfry.com
Drive-thru pick up between 5-7 p.m.</p> | <p>ST. MARGARET MARY
7813 Shelbyville Road (Gym)
Fridays, March 1 & 8
5-8 p.m.
Dine-in or Carry-out
Fried or baked fish, Shrimp, Fish Tacos, Rolled Oysters, Platters available. Fries, baked potato, onion rings, slaw & more.
Kids & Seniors Pricing.
Cake Wheel. Lic. #0417</p> | <p>ST. RITA
8709 Preston Highway
Fridays through March 22
Lunch, 11 a.m.-1 p.m.
Dinner, 5-7:30 p.m.
Dine in or carry out
Phone orders (lunch only)
969-6116
Debit/Credit Cards Accepted
Pull-tabs, Lic. #0147</p> |
| <p>ST. EDWARD
9608 Sue Helen Drive (gym)
Fridays, through March 22
5-7 p.m.
Fried/Baked Fish, Shrimp, Fish Tacos, Hush Puppies, Homemade Cheese Pizza & Sides
Dine-in & Carry-out
50/50 Split the Pot, Pull-tabs
Lic. #0136</p> | <p>ST. MARTIN DE PORRES
3146 W. Broadway (Thea Bowman Hall)
Fridays through March 22
11 a.m.-6 p.m.
Homemade sides & Desserts!
Debit & Credit Cards Accepted</p> | <p>ST. STEPHEN MARTYR
3015 Greenup Road
Fridays through March 22
5-7 p.m.
Fried & baked Fish, rolled oysters, grilled cheese, pizza, sides</p> |
| <p>ST. ELIZABETH ANN SETON
11501 Maple Way
Fridays through March 22
4-7 p.m.
Dine-in & Carry-out
Hand Breaded Fish & Onion Rings, Oysters, Baked Fish & Various Sides</p> | <p>ST. MICHAEL
3705 Stone Lakes Drive
Fridays through March 22
Drive-thru: 4:30-7:30 p.m.
Dine-in: 5-8 p.m.
We gladly accept credit cards!</p> | <p>ST. TERESA OF CALCUTTA
903 Fairdale Rd. (next to Fairdale H.S.)
Fridays, Feb. 16, 23 & Mar. 8, 15
4-7:30 p.m.
Cod Fish Fillets, Shrimp, Assorted Sides, Cake Walk, Pull-tab & Split-the-pot Raffles
Lic. #ORG0000288</p> |
| <p>ST. FRANCIS OF ASSISI
1960 Bardstown Road
Fridays through March 22
5-8 p.m.
Fried / Baked Cod, Shrimp, Pizza, Sides
Dine-in & Carry-out
Online Ordering Available
Cake Wheel, Lic. #0129</p> | <p>ST. MONICA
407 South Third Street
Bardstown, KY 40004
February 16th & March 15th
Fish Dinners & Sandwiches
50/50 Raffle!
Dine in or Carry Out
Lic. #422</p> | <p>ST. THOMAS MORE
6105 S. Third Street
Fridays through March 29
5-7:30 p.m.
(in cafeteria)
Fried/baked fish, Shrimp, Rolled Oysters, Gumbo, Cheese Pizza & Sides</p> |
| <p>ST. FRANCIS XAVIER
155 Stringer Lane
Mt. Washington, KY 40047 (in the Xavier Center)
Fridays through March 22
4-7 p.m.
Dine-in or Carry-out
Cash & Credit Cards Accepted</p> | <p>MOST BLESSED SACRAMENT
1125 Hathaway Ave.
Fridays through March 22
4-7 p.m.
Cash/Credit, Carryout Available
Fish, Shrimp, Sides, Cake Wheel, Pulltabs
Lic. #0243</p> | <p>OUR LADY OF LOURDES
508 Breckenridge Lane
Fridays, March 1, 8, 22
5:30-8 p.m.
Dine-in & Carry-out
4:30-7 p.m., Drive-thru
Baked and Fried Fish</p> |

How we live Lent

Continued from Page One

us closer to Christ."

"Losing weight is a good thing; it cleanses your body. But you have to begin with, 'How will this bring me closer to Christ?'" he said. "Come Easter time, we are not only celebrating the resurrection of Christ. I should be a new person because of the spiritual exercises I've been through."

Turner noted that we are called to conversion year round, but Lent is an opportunity to be more intentional about it "so when Easter comes I rise up as a new person."

Following are some ways people in the pew are seeking closeness with Christ this Lent.

'When I feel someone needs to hear, I just go ahead and tell them about God. You never know when you plant those seeds if people will listen to you or not.'

Michele Jackson, St. Martin of Tours

tion or noticing something I wouldn't have noticed before."

Crawford said she's always valued productivity, however, she's realized, "There needs to be a balance."

Since the start of Lent, Crawford, who's an "empty-nester," said she's been taking morning walks "unplugged so I can hear the birds or engage with someone."

This Lenten practice has spilled over into her work life as well. She's taking time to sit and eat lunch with her coworkers instead of working through her break.

"I'm sitting and eating with colleagues, cultivating communion, talking to them and finding out more about them," she said.

Additionally, she's been going through her closet and her pantry and donating unnecessary items.

"We're trying not to fill everything to the brim and looking at what we have that may bless someone else," she said.

Taking a chance on evangelization

Michele Jackson, a member of the Shrine of St. Martin of Tours, said this Lenten season she's focused on being present during Mass and taking more steps to evangelize.

"My focus has been being more mindful of distractions before, during and after Mass, she said. Jackson's Lenten practices include attending daily Mass, going to confession and praying the Stations of the Cross.

She has also been "taking more chances evangelizing," she said.

"When I feel someone needs to hear, I just go ahead and tell them about God. You never know when you plant those seeds if people will listen to you or not" but it's important to do so anyway, she said.

Jackson also takes the Lenten call to fast and to abstain seriously, she said, adding that the practices that have become a way of life for her. She has been fasting and abstaining from meat on Fridays for 10 years. Twelve years ago, she stopped eating meat completely, but started adding chicken back into her diet this year, she said.

"I felt called to do that," she said.

This Lenten season she's also more focused on the Word of God.

"I'm reading more Scripture and being more focused on the Word of God," she said, noting that she asks, "What can I do with it and who can I share it with?"

Doing what he asked us to

Adriene Taylor-Mitchell, a member of St. Martin de Porres Church, is living the Lenten season by spending time in prayer and cultivating fellowship.

She attends early morning Mass at St. Xavier High School, where her son is a senior, every Friday then attends a prayer group at the school, which prays for students, faculty and staff. She also attends Mass and Stations of the Cross at Immaculate Heart of Mary Church, where she's the parish secretary, on Fridays.

She ends her day serving at the parish's fish fry. By the end of the day "My whole

Friday has been blessings, prayer, friends and fellowship," she said.

Taylor-Mitchell said she gave up drinking wine for Lent, but "I do take the Blood (of Jesus)," she said. She's also given up bread and potato chips, but she's also taken up praying more and observing silence.

"I'm just doing what he asked us to — serve, love and share. Giving all my time to him, spending quiet time with the Lord, just thinking," said Taylor-Mitchell.

Making time for divine appointments

Gwen Crawford, a parishioner of Holy Trinity Church, said she approached the Lenten season differently this year.

"There have been many Lents when I've given up something and, by the end, it didn't make me more charitable," said Crawford. "I felt called this Lent to give up rushing around. ... I wanted to take my schedule to prayer and decide what to take off my plate."

Crawford explained that her busy schedule was starting to affect her sleep and she was frequently running late because she was doing too much.

Instead, she said, she wanted to "arrive early and be available for divine appointments — those unexpected people you run into that end up being a beautiful conversa-

Pope: Saints aren't 'exceptions,' but examples

Catholic News Service

VATICAN CITY — The saints are not unreachable "exceptions of humanity" but ordinary people who worked diligently to grow in virtue, Pope Francis said.

It is wrong to think of the saints as "a kind of small circle of champions who live beyond the limits of our species," the pope wrote in the catechesis for his general audience March 13 in St. Peter's Square. Instead,

they are "those who fully become themselves, who realize the vocation of every person."

Just like at his general audience March 6, Pope Francis told visitors in the square that due to a mild cold an aide, Msgr. Pierluigi Girolì, would read his speech. Continuing his series of catechesis on virtues and vices, the pope wrote that a virtuous person is not one who allows him- or her-

self to become distorted but "is faithful to his or her own vocation and fully realizes his or herself."

Reflecting on the nature of virtue, the pope said "virtue is a 'habitus' (expression) of freedom." He added, "If we are free in every act, and each time we are called to choose between good and evil, virtue is that which allows us to have a habit toward the right choice."



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This Lent, say sorry – and mean it

By DR. GREG POPCAK

Lent is a time of reparation — a season of sorrow for sins committed and expressions of a sincere desire to reform our lives. But what does it mean to be sorry? What are the components of real remorse?

Whether we are expressing sorrow to God, a spouse, family member or friend, it can be hard to say, “I’m sorry.” It can be even harder to say it well. Sometimes, when people say that they are sorry to us, we can feel like there is something missing. Often, it’s because there is. But what?

As we express our sorrow to God this Lent for the ways that our lives do not reflect his plan for us, it can be important to make sure our “I’m sorrys” have all the components of sincere remorse. Researchers note that good apologies involve three ingredients: empathy, restitution and objective criteria.

When people offer a sincere apology rooted not in obligation but genuine remorse, they tend to express a real emotional understanding of how their actions hurt us. “I am so sorry for doing that. I never meant to treat you that way. I know how badly you were hurt. Please forgive me.”

The truly remorseful person doesn’t make excuses or tell the person they hurt that they were “just kidding,” or that the wounded party needs to get a thicker skin or a better sense of humor. They understand the impact of their actions and they let you know that they feel your pain.

When we express our sorrow to God this Lent, are we going through the motions of repentance, or are we allowing ourselves to express genuine sorrow for the pain God feels when we reject his attempts to love us and make us whole?

When people offer a sincere apology, they don’t just “say the magic words.” They offer a plan for making things right again. Or, if they don’t know what to do to make it right, they ask you what you need them



Father Jiha Lim listened to a penitent’s confession in 2021 at St. Aloysius Church in Great Neck, N.Y.

CNS File Photo by Gregory A. Shemitz

to do to heal the hurt their actions caused. They say things like, “The next time I feel that angry about something, I’m going to do this instead of that,” or, “I really want to make this right. What can I do to earn your trust again?”

Restitution isn’t about asking people to jump through hoops for the sake of watching them dance. It is about committing to the process of reconciliation — healing the wounds our actions caused.

When we confess our sins this Lent, have we put some time into how we would handle similar problem situations differently in the future? Hearing the words “I absolve you” is just the beginning. How will we let the grace of that absolution compel us to heal the wounds our actions have caused those we love, and how can we make sure to avoid those problem behaviors the next time we are tempted to go down a similar path?

Truly sorrowful people don’t hide out behind the

belief that “the real problem” is that others are expecting too much of them. If we are truly sorry, we recognize that the person we hurt had an objective right to expect more from us.

How often do others apologize to us in ways that make us feel strangely ashamed for daring to expect them to be faithful, trustworthy or respectful? How often do the apologies others offer sound like, “I’m sorry, but don’t you think you’re being a little controlling/sensitive/judgmental/ needy/demanding/unfair?”

The person offering a sincere apology acknowledges that anyone in a similar situation would be reasonable to expect what you are asking of them. “You’re absolutely right to expect more of me. I’m really sorry I let you down.”

In our relationship with God, how often do we think that the real problem is that he is just asking for entirely too much. Sure, we’re sorry for what we did, but the real problem is that he expects us

to be saints. Saints, I tell you! Can you believe it?!? How ridiculous is that?!?

As we conclude Lent, will we continue to pay lip service to the idea that God wants great things for us, or will we embrace the fact that every day he is calling us into deeper union with him and greater perfection in his grace?

Whether we are expressing remorse to God or others, being sorry isn’t, ultimately, about making ourselves seem pitiful enough or appearing pathetic enough to make the other person feel bad and let us off the hook.

Apologizing is about picking up our cross and embracing the hard work that comes with changing our behavior — not so that we can jump through some spiritual hoop but so that we can participate more effectively in the healing process that allows us to achieve our ultimate destiny: loving union with God.

Dr. Greg Popcak is an author and the director of www.CatholicCounselors.com.

Continuing custom, pope to celebrate Holy Thursday Mass at a prison

By JUSTIN McLELLAN
Catholic News Service

VATICAN — Pope Francis will continue his custom of celebrating Holy Thursday Mass in a prison during Holy Week 2024, the Vatican said.

In a statement released March 6, the Vatican announced that the pope will visit the women’s prison at the Rebibbia correctional facility in Rome March 28 to celebrate the Mass of the Lord’s Supper with people housed there and those who work at the facility, keeping with a custom he has practiced since the start of his pontificate.

He had celebrated the Mass with male and female prisoners at the Rebibbia complex in 2015 as well, washing the feet of 12 inmates and a toddler. The prison’s maternity section allows incarcerated moth-



CNS Photo by Vatican Media

Pope Francis kissed the foot of an inmate after washing it during the Holy Thursday Mass of the Lord’s Supper at Rome’s Casal del Marmo prison for minors, April 6, 2023.

ers to keep their children with them until they are 3 years old.

Last year, Pope Francis visited a juvenile detention facility where he washed,

dried and kissed the feet of 12 people.

The ceremony of washing another’s feet — which follows the Gospel account of Jesus washing the feet of his 12 disciples — “is not something folkloric,” the pope said during Holy Thursday Mass in 2023. It is a gesture that shows “how we are to be with one another.”

Pope Francis has celebrated Mass at a prison, care facility or refugee center since becoming pope in 2013, while his recent predecessors customarily washed the feet of priests in St. Peter’s Basilica or the Basilica of St. John Lateran in Rome. In 2016, the pope ordered the then-Congregation for Divine Worship and the Sacraments to clarify that the feet of both women and men can be washed at the Holy Thursday Mass.

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1 Genesis to Deuteronomy
6 ThinkPads, e.g.
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14 Silly
15 Beancurd
16 Rock add-on
17 Leader of the Maccabees
19 Demeanor
20 "None of us lives for oneself, and no one ___ for oneself." (Rom 14:7)
21 Shared
23 Mythological vengeance deities
26 Those whom Jesus came to call
27 Wash bowl
28 Jeremiah was put in these
30 Retaliate
32 Boat spot
33 Doze
36 ___ of Hosts
37 Madrid museum (with "el")
39 Flat-fish
40 Hosp./trauma centers
41 Coffin stand
42 Acid used in the production of explosives
44 Obsessive preoccupation
46 Tricks
47 Source of the cedar trees used in the temple
50 Number of apostles after Judas died
52 Section of New York City
53 "...how will it end for those who ___ to obey the gospel of God?" (1 Pet 4:17)
54 On the ocean
55 Sacraments group
61 Catholic actor Connery
62 Nothing
63 Snare
64 ___ Seltzer
65 Biblical garden
66 Distrust
- DOWN**
1 Catholic newsman Russert
2 "Three ___ Match"
3 Tell on
4 Queen's worker
5 Course
6 Most likely, Paul's first epistle (abbr.)
7 French wood
8 Julliard deg.
9 Misgiving
10 Clunkers
11 Beneficial
12 Guide
13 Is inclined
18 "Keep them fastened over your heart always; ___ them about your neck." (Prov 6:21)
22 Fixing grub for GI's
23 Goodwill
24 Consumers
25 Outer covering
26 Traded
27 Bundle
29 Former Russian rulers
31 Typify
33 Scandinavian
34 Extraterrestrial
35 They're above abs
38 Restraint
39 Alphabet string
41 The "B" of N.B.
43 Land of St. Patrick
44 Lola, Broadway dancer and convert to Catholicism
45 Catholic female lead of The Middle
47 Capital of Tibet
48 Artist's support
49 "Let us ___ bread together on our knees."
51 Nero's full deck?
53 Symbol of the Holy Spirit
56 Actor Beatty
57 Also
58 Acknowledgement of debt
59 Benedictine letters
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