

NCCU standout Ryan Smith has been invited to NFL combine.



Court declines stay in redistricting

Congress elections off

By Gary D. Robertson

THE ASSOCIATED PRESS

RALEIGH - The U.S. Supreme Court refused Friday night to stop a lower-court order demanding North Carolina legislators draw a new congressional map, meaning House primary elections won't occur next month as scheduled and are shifted to June.

The denial of the request by state of North Carolina attorneys for the justices to intervene came just hours after Republican lawmakers meeting in Raleigh voted for redrawn boundaries as a safeguard to comply with a federal court ruling that called two majority black districts racial gerrymanders. A new congressional elections calendar also was approved.

The General Assembly reconvened and passed a new map because a three-judge panel had ordered a replacement by Friday.

State attorneys argued that absentee ballots already were being requested for the March 15 primary election, and blocking districts used since 2011 would create electoral chaos and a costly separate House primary later in the year. But voters who sued over the boundaries said they shouldn't have to vote in illegal districts for another election cycle, like in 2012 and 2014.

The refusal - a one-sentence decision that said Chief Justice John Roberts had referred the request to the entire court - means the congressional primary elections will now occur June 7 under new boundaries that put two incumbents in the same district and seriously jeopardize the re-election of Democratic Rep. Alma Adams, who is now living in a strong Republican district.

Mollie Young, a spokeswoman for GOP House Speaker Tim Moore, said the legislative leaders' attorneys would review the decision before making a comment.

The state's separate formal appeal of the three-judge panel's decision continues regardless of the justices' decision on the stay. But the stay denial marks a substantial defeat for GOP legislators, who drew the districts in 2011.

The Feb. 5 lower-court decision found illegal the majority black 1st and 12th Districts as drawn by Republican legislators earlier this decade because lawmakers improperly used race predominantly to determine the districts' shape and voting populations. The 1st District covered all or parts of 24 counties from Durham to Elizabeth City and New Bern. The 12th District, represented since late 2014 by Adams, took in parts of Charlotte, Winston-Salem and Greensboro, largely linked along Interstate 85.

Two voters who sued in 2013 said legislators packed black voters into the two districts while diminishing their influence in surrounding districts. Attorneys for legislative leaders and the state disagree and said the districts were drawn fairly and in accordance with the Voting Rights Act and past redistricting decisions. An email seeking comment from the plaintiffs was sent to one of their attorneys late Friday.

Even with U.S. House races delayed, North Carolina's March 15 primary includes the presidential preference primaries; races for governor, U.S. Senate and the General Assembly;

Please see **ELECTION/2A**

Waiting to exhale

Mother seeks justice 2 years after son is arrested in school

By Latisha Catchatoorian

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RALEIGH - The Wake County Public Schools System recently released suspension and arrest reports for the 2014-15 school year. Unsurprisingly, black students account for the majority in both categories, and black parents are outraged.

"The Concerned Citizens for African American Children call on the Wake County Public School System administration and the Board of Education to stop arresting and suspending black children. The board's discipline policies, practices, and procedures continue to create barriers and racial disparities that gravely impact the future of our black children and their families," the CCAAC said in a statement.

The annual report revealed that black students accounted for 63 percent of suspensions and 69 percent of student arrests. Enloe High school in Raleigh had the most arrests, with 77 taken into custody. Of these, 61 were black.

Single parent Lynn Perry is wondering when justice will come for her son Stephen, who was arrested at Enloe in 2013. He was a 17-year-old junior at the time. Stephen's arrest was a combination of being in the wrong place at the wrong time, unlucky circumstances and disregard for policy on the school resource officer's part. Perry describes the entire situation as "pure

Please see **WAKE/2A**



LATISHA CATCHATOORIAN

Family members mourn their deceased love ones.

Durham mourners honor loved ones lost

By Latisha Catchatoorian

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DURHAM - "King Jesus is a-listening when you pray! He's got power in his hand, and he's taking me away; oh King Jesus is a-listening when you pray!"

These lyrics reverberated through the sanctuary walls of Shepherds House United Methodist Church, as the strong tenor and bass of the all-men's choir carried them through. It was a hopeful song to welcome those who came to grieve in the wake of tragedy.

Last year, over 40 people in Durham were murdered. The oldest person killed was 65 years old. Calista Lassiter, 3, and 2-month-old Karina Noel were the youngest. Though Durham's violence problem persists, the annual vigil is a way for

those who mourn to remember the loved ones who were taken from family and friends too soon.

Sponsored by the Durham Chapter of Parents of Murdered Children, Durham Congregations in Action and the Religious Coalition for a Nonviolent Durham, the vigil draws dozens every year. The families of lost loved ones and community members who attend stand as witnesses that this is a city that will take a stand against those who seek to taint its neighborhoods.

"As we gather here tonight, make no mistake that we will continue to fight violence in our city, in our state and in our nation," Religious Coalition President Effie Steele said. "Especially (fighting for) the lives of young people. Our young people are our future. Our hope is that we can

Please see **VIGIL/2A**

Black history trailblazers

Wake County schools honors history makers

By Latisha Catchatoorian

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RALEIGH - Forty years ago, the Wake County Public Schools System looked a lot different.

The predominately white school system officially merged with the largely minority Raleigh City School System in 1976 as an effort to integrate students. Even after the 1954 Brown v. Board of Education ruling that made school segregation unconstitutional, many school systems remained segregated, as both blacks and whites weren't privy to desegregation.

North Carolina Governor Luther Hodges established a new committee in 1955 that drafted the Pearsall Plan, which was a system of local (not state) control, freedom of choice and vouchers regarding public schools.

The freedom-of-choice system allowed students to attend whichever school they wanted, and the voucher system allowed parents to use state money to



MATHIAS BISHOP

Left to right: Larry Montague, Linda O'Neal Lewis, Keith Sutton, Deborah Green, Monika Johnson-Hostler, Bettie Murchison and Jean Williams Dunn.

support their child's education in private schools.

Schools remained predominantly segregated because of the Pearsall Plan until federal court ruled it unconstitutional. As a result, many black students (both

voluntarily and involuntarily) started attending predominantly white schools.

Each year WCPSS pays tribute to some of these individuals in its "A Salute to the Trailblazers"

Please see **TRAILBLAZERS/2A**

Justice for sexual assault survivors

By Stephanie Carson

N.C. NEWS SERVICE

FAYETTEVILLE - More money could be on the way for processing rape kits in North Carolina, if President Barack Obama's 2017 budget proposal survives the contentious federal budgeting process.

Unlike other states, North Carolina does not require law enforcement agencies track the number of rape kits collected, but most states have a backlog.

Ilse Knecht is a senior adviser for policy and advocacy with the Joyful Hearts Foundation, a group sponsoring an End the Backlog initiative. She says the federal money would go a long way toward increased justice and community safety.

"When these kits sit on shelves untested, these serial rapists remain undetected," she said. "These rapists commit all types of crimes. They don't just commit sexual violence. They commit burglary and robbery and homicide."

Last year, Fayetteville was awarded more than \$360,000 to address its testing backlog for rape kits. Since then, the Fayetteville Police Department has charged one man with a 2010

Please see **ASSAULT/3A**

Food stamp change hurts

By Jonathan Drew

ASSOCIATED PRESS

RALEIGH - Advocates for the poor are concerned about rule changes threatening food stamp benefits for 110,000 people in North Carolina if they don't meet work requirements.

The change in the federal Supplemental Nutrition Assistance Program affects able-bodied people ages 18 through 49 with no dependents. It requires them to work, volunteer or attend education or job-training at least 80 hours a month to receive food aid. If they don't, their benefits are cut off after three months.

"What's problematic about this policy is that it's not a test of one's willingness to work," said Tazra Mitchell, a policy analyst at the left-leaning nonprofit North Carolina Budget and Tax Center. "It applies regardless. No matter how hard they're looking for a job; if they don't find one in three months, their food aid is gone."

The requirements date back to a 1996 federal welfare reform law, but they were waived for nearly every state during the recession that began in 2008. North Carolina is among 21 states where the waiver ends this year.

Across the country, an Associ-

Please see **FOOD STAMP/3A**

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Durham mourners pay homage to lives lost

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show them love before it's too late... Only then will the violence end."

The Rev. John Gumbo, senior pastor of Shepherds House, said they take no joy in coming every year to announce a list of names of those who have been murdered and will find indescribable joy on the day the roll call list is at zero.

Joslin Simms' son was shot and murdered in 2011. She read an original poem she wrote about the experience of losing her child. Bonita Scarlett lost her son to gun violence as well.

"My son Nigel Scarlett died

Dec. 5, 2011, and my godson was also (later) shot seven times," she said. "I wish each and every day that my son was here with me. I know he's not, but in spirit he is. It's a like a part of me has been taken away. No mother - whether black, Latino (or) whatever - (should have to go through) what I went through."

A list of murder victims' names was read aloud. The ringing of a bell and the lighting of a candle in their honor accompanied each announcement.

"If you need anything, seek one of us out," Steele said. "We have been down the same road as you. We would-

n't wish this on our worst enemy. (We are) administering to families who are walking down a road they never thought they'd go down."

Steele lost her daughter Ebony in 2007 who was nine months pregnant with her only grandson, Elijah. The baby's father murdered Ebony and her unborn child. Though Steele has carried her daughter's death for nine years now, others in attendance have been living with their losses for decades. One vigil mourner noted the death of her loved one in 1982.

"I am a witness you will survive (the tragedy), you will survive," one mother said. Another mother added, "God

will keep you."

The Rev. Susan Dunlap of Duke Divinity School said the most important thing you can do for someone going through grief is to "simply listen" ... without judgment, advice or impatience is what people need.

"We want to take away that pain but we can't. The good news is we can travel with you and never leave your side," she said, noting that the only thing worse than grief is going through it alone. "Someday their sorrow will lift a little, the sun will be little brighter, and they will know that God has been there all along."

Wake parent waiting to exhale

Continued from page 1A
chaos."

In May 2013, Enloe officials received word that the seniors would be throwing water balloons on campus as a senior prank. The same day, the school's atrium was closed off due to weather damage, and the principal made an announcement during first period that students would have to take alternate routes to their second period classes.

This is when things get messy.

Stephen allegedly took an alternate route to avoid the chaos and commotion of the water balloons prank. Stephen, who has an Individualized Education Program - an impulse disorder and a learning disability - does not like crowds. A school resource officer spotted him and assumed he was coming from off-campus.

Stephen tried to explain that he was not; he was just taking an alternate route to class. The SRO allegedly grabbed Stephen who got defensive. Perry said the SRO is over 6 feet tall and at least 300 pounds. She said her son is 5-foot-7 and 130 pounds "soaking wet."

"The police officer bent him over rails, knocked his glasses off, (and) handcuffed him on two separate occasions," she said.

Seven students and a parent were arrested for the water balloon incident that had happened minutes before, and now officers were also taking Stephen into custody.

"They called me and told me to pick him up from jail, but I arrived at the school because I didn't know where jail

was. He was not there; they had already taken him to the station," Perry said. "I went into panic mode. I freaked out so bad. I panicked so hard, I didn't even think to ask where jail was."

CCAAC President Calla Wright said, legally speaking, the school is supposed to notify a parent before removing a student from campus.

North Carolina General Statutes of general powers and duties of the BOE law states that it has a responsibility: "To Notify Parents or Legal Guardians of Students Alleged to be Victims of Acts Required to be Reported to Law Enforcement and the Superintendent under G.S. 115C-288(g)."

"There are consequences that the community needs to demand from officials and the board of education for breaking the law," Wright said.

When Perry got to the school, she said it looked like a "free for all." She had to find someone to direct her to the station her son had been taken, but when she got to the station, no one would let her see Stephen for three hours. "They put me through hell and high water basically," Perry said. "One of the officers said to me, 'If your son hadn't done anything, you wouldn't have to be picking him up from jail.'"

The morning of the incident Perry's dryer had been bro-

ken, so Stephen wore an old pair of cargo pants from the day before. He had forgotten about a 3-inch pocketknife he'd placed in his shorts that he'd used to carve his initials into an old tree stump in his front yard the day before.

When the SRO started handcuffing him, Stephen was honest about having the pocketknife on him. However, the SRO knew nothing of the pocketknife until after the arrest was complete, so the initial arrest was still unwarranted.

"We believe that the children's rights were violated and that they will be paying for this for the rest of their young lives," Wright said.

After weeks of meetings with the BOE, court hearings and legal proceedings, the weapons charges against Stephen were dismissed over the SRO's failure to appear in court. Perry said if her son hadn't shown up to a hearing, the judge would have had him on a "failure to appear" charge, but no such charge was ever made for the SRO.

"My attorney for the school and the criminal attorney for the weapons charge went to court on three separate occasions. The SRO was supposed to come to the court hearings, but he refused to come to court because he knew he had lied," Perry said. "It cost me everything that I had to deal with this. I'm a single parent. I have a mortgage. I'm the one responsible for this child and for keeping a roof over his head."

Perry had to file for bankruptcy on her mortgage and sold her car for half the value to pay for legal fees and psychiatrist visits for Stephen.

"It's 2016, and I still haven't recouped from (this)," she said.

In 2014, Legal Aid of North Carolina and several other coalitions filed a complaint with the U.S. Department of Justice against WCPSS, the Wake County sheriff's Department, and seven local police departments that employ SROs, alleging violations of students' constitutional and civil rights, and urging the DOJ to investigate all possible violations and require systemic changes in school policing. Wright said nothing has come of the complaint.

"Parents had to pay money for bail, had to pay money for lawyers. They (the kids) were placed with criminals; they were traumatized," Wright said. "It's a problem with the leadership not knowing how to deal with black children. They're supposed to be educated, not thrown in jail."

Perry said Stephen, who is musically gifted, had scholarship opportunities ruined because of his arrest record.

"My son still has an arrest record. If my son goes to get a typical job, he's got a weapon's charge. They screwed up Stephen's chance of getting a scholarship. It threw me in a financial bind, so I could not pay the money for him to go to school," she said. "I think they pick on kids with disabilities. I think they pick on black kids with disabilities. Seven out of the eight kids on this federal complaint have a learning disability. I think they pick on the kids that they think are not literate or smart enough or cannot fend for themselves. It's almost like a bully system within the school."

Wake County black history trailblazers

Continued from page 1A
event as part of its Black History Month celebrations.

"In some small way, this effort is to help share the (trailblazer's) stories," said WCPSS board member Keith Sutton. "Some went by choice and some didn't. During that time, parents had to submit names to the board of education and the BOE had to approve or deny their petition to (have their children) enter integrated schools."

Sutton said it is hard to "do people's stories justice," but it's something the community must attempt because trailblazers are "the reason why the schools look like they do today."

Larry Montague was just 15 when he first integrated. He said he and the other black students had "some trouble, but it wasn't too bad." He said the school's basketball team is what pulled everybody together.

Montague was usually the only black student in many of his classes. There were about

40 blacks and 600 whites at his new school during his first year of integration.

"It was a great honor (tonight). It made me think about some of the things we went through in 1965-69. It was different, a change, a new school for blacks and whites," he said. "I was weary (of integrating)... It was new. But when I got there, there wasn't anybody there that was smarter than anyone else. That's (the kind of) what I was worried about."

Despite a little bit of name-calling, no fights ever broke out, and Montague said one of the perks of integrating was having more equipment and better school resources.

"At Lockhart, we had a Bunsen burner and a few other things (for) science class, but at the new schools, we had all the state-of-the-art things at that time," he said.

While many black students didn't want to attend an integrated school, that wasn't the case for Deborah Eaton Greene.

"I went to Wake Forest Senior High in 1969-70. I was in the 11th grade. It was the year before the actual (required) integration," she said. "Because I was going to be a senior when the schools were going to be integrated, I felt that I needed to go over there (a year earlier) so that I could get into some type of activities and stuff. I actually had a great year. I played basketball, I ran track, and I was the secretary of the class. I enjoyed my experience at Wake Forest Senior High, and I'm glad I made that decision."

Rodney Trice, WCPSS assistant superintendent for equity affairs, said diversity is "real life."

"I think the trailblazers really represent perseverance, struggle, history. We believe as a district that it's important to recognize that history, particularly as we are trying to point the district in a positive direction for students of color so that we can get a sense of how far we've come. That kind of orients (us) as to how

far we need to go," he said.

Sutton closed the evening by addressing the elephant in the room regarding the recently revealed data of disproportionate WCPSS suspensions of black students.

WCPSS has long had a history of disproportionate suspensions and arrests for minority students, much to the concern of parents and educators alike.

"The lessons that we learn, the challenges and the struggles that these individuals faced... Just this week WCPSS took a look at some facts and data regarding disproportionate suspensions of African-American students. It was uncomfortable for us all and hard data to look at, (but) I encourage all of us to be comfortable with being uncomfortable because that is when change occurs. Many of these individuals (here tonight) were very uncomfortable during that time but look at us now."

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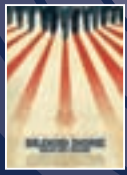
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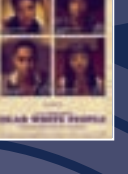
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Proposed funding offers justice for sexual-assault

No estimate of numbers of untested rape kits



rape after DNA linked him to the crime scene. In another case, a prison inmate was linked to a 2006 sexual assault case.

Knecht says some of the funding would support programs to help victims who discover their attacker has been caught as a result of rape kit testing.

"Every rape kit represents a sexual assault survivor, and each one of those survivors deserves to be supported through the process of re-engaging with the system, so that we're not doing more harm when we ask them to come back into the justice system so many years later," Knecht stresses.

Public records requests made by the Joyful Heart Foundation found Charlotte has at least 1,000 untested kits. Knecht says her organization has filed similar requests to obtain information about possible backlogs in Durham and Raleigh.

Food stamp change concerns advocates for poor, elderly

Continued from page 1A

ated Press analysis shows nearly 1.1 million adults stand to lose their benefits this year if they do not find a way to meet work requirements. The number affected in North Carolina is among the largest, following Florida's 300,000 and Tennessee's 150,000.

The waiver expired in January in 23 North Carolina counties, while the rest will lose the waiver by July 1.

North Carolina's unemployment rate for December was 5.6 percent - higher than the national rate - meaning that about 270,000 people were actively looking for work.

In Raleigh, community activist Octavia Rainey said more than a dozen people came to her for help understanding letters saying they could lose their benefits. Rainey, the chairwoman of the Citizens' Advisory Council for her neighborhood, said

people were confused about the timeframe and what the next steps were.

She says many in danger of losing benefits are willing to work, but face obstacles. Some are felons who have trouble passing background checks.

Others have sought work as janitors or dishwashers but can't work odd-hour shifts because of public transportation schedules.

"There should have been more thought on how we look at employment and not thinking that people are sitting there, getting food stamps because they are lazy and don't want to work," she said.

In surrounding Wake County, the local government's Human Services department has added phone lines for people who have questions about the change, and is dedicating three staff members to helping people with the changes and holding information sessions.

Director Regina Petteway said about 2,100 in the county will be affected by the rule change.

Alan Briggs, executive director of the North Carolina Association of Feeding America Food Banks, said many people on food stamps already receive help from food banks, but the food stamp rule change is likely to increase demand.

"You're talking about the poorest of the poor. These folks are struggling anyway," he said.

In Johnston County, south-east of Raleigh, Rachel Ayers runs a food-assistance market affiliated with Interfaith Food Shuttle. More than 600 people, some of whom are already on food stamps, came to a distribution in January. She thinks the cuts are unfair.

"Don't take away the food until you get them a job. There's not a lot of jobs around here," she said.

Younger black voters bucking establishment in support of Sanders

By Zenitha Prince

Senior AFRO Correspondent

For Hillary Clinton and Bernie Sanders, winning South Carolina's Democratic primary on Feb. 27 is crucial to their chances of winning the presidential nomination. Black voters, who represent more than 50 percent of the electorate, are going to be the key deciders of their fate.

Clinton has long been considered the heir-apparent to President Barack Obama and the frontrunner in the Democratic contest, but Sanders has been nipping at her heels. The Vermont senator lost by a hair's breadth in the Iowa caucuses and captured a double-digit win in New Hampshire.

Clinton is depending on black voters to deliver a victory in South Carolina, and, so far, polls suggest that's what they'll do.

A CNN/ORC International poll released Feb. 16 shows Clinton leading Sanders 56 percent to 38 percent among South Carolina voters, and that lead is fueled by black voters. Sanders leads 54 percent to 40 percent among white voters in the state; Clinton leads 65 percent to 28 percent among blacks.

Still, the outcome is not yet etched in concrete. According to the poll, Sanders' support among South Carolina Democrats has surged 20 percentage points from 18 percent back in October, and there is still room for his numbers to grow.

About 40 percent of Democratic voters polled say they are still undecided, and another 16 percent say they are leaning toward a candidate

but not firmly decided.

The unpredictable variable, some experts say, could be a generational divide between older and younger black voters.

"There are always generational schisms in American politics, and African-American politics is no different," said Michael Fauntroy, Howard University associate professor of political science.

Todd Shaw, an associate professor of political science and associate director of African American Studies at the University of South Carolina, said while he has no firm numbers, an anecdotal trend has emerged from his discussion with students.

"Students whom I have spoken to, if they're leaning toward anyone, they're leaning toward Sanders," he said.

That inclination reflects trends seen in the presidential contest thus far: In New Hampshire, for example, 83 percent of voters aged 18-29 and 78 percent of first-time voters chose Sanders over Clinton, according to CNN exit polls.

The generational divide in support for Clinton and Sanders among black voters is somewhat evident in the endorsements both campaigns have received.

Clinton, for example, has garnered backing from older black leaders such as the Rev. Jesse Jackson Sr. and the Congressional Black Caucus PAC. Meanwhile, Sanders recently gained the nod from former NAACP president Benjamin Jealous, who at 35 became the youngest president of the civil rights organization.

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Arts & Entertainment
(not shown)

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PUBLISHER

Bonifita Best
MANAGING EDITOR

Clinton, Sanders love black people

One thing is for sure; Black folks are enjoying this latest political mating dance with Bernie Sanders and Hillary Clinton.

Sanders is discovering black people in South Carolina and Georgia, and Clinton has reopened the "leading blacks," vault to rediscover their loyalty and willingness to present her to the lack electorate one mo' time, y'all.

Sanders, after years without doing anything specific for the 1 percent black population of his state, much less for black people in general, has now discovered, and some would say rediscovered his love and concern for us.

In the vast majority of cases, it is really a case of black people discovering Sanders, because most blacks knew absolutely nothing about him prior to a few months ago, but for Ed Schultz and black folks' penchant for watching MSNBC. Sanders started out by traipsing up to Harlem, cameras in tow, of course, to sip tea with Al Sharpton at a Black restaurant. I am sure that boosted his "street cred," bona fides with black voters.



JAMES CLINGMAN

Uncle Bernie then goes to MLK's alma mater, Morehouse, and tells thousands of black folks how much he loves them now and how much he will do for them now. It's almost like he is waking up from his five-decade "I marched with MLK" respite and discovering that black people exist and, yes, they are important to court because he cannot win without them. He is pulling out all the condescending platitudes to get the black vote, and black folks are lovin' it.

Hillary, far more knowledgeable and adept at getting black voters, reached into her bag of politricks and pulled out an old, tried-and-true, sleight of hand tactic. She met with the Great Triumvirate of black civil rights leaders, folks who will hurt you if you get between them and a news camera, to subliminally suggest she is "down with the bruthas."

Sitting at a table with Mike Morial, Sharpton and a guy black folks have yet to discover, Cornell Brooks, was her springboard to vie for the black vote.

Mama Hillary called on old stand-by, John Lewis, to tell black folks that Sanders has no street cred, because Lewis never met him back in the days of fire-hoses, dogs and billy clubs. (Maybe Lewis had a concussion back then and simply forgot.)

Hillary then got members of the Black Caucus to endorse her, a monumental victory that will surely bring home the ultimate victory. After all, we cast from 93 percent to 95 percent of our precious votes for President Barack Obama in both elections, and he won; why not the same thing this year for Clinton?

Black folks are discovering and being discovered by Bernie; we are also being rediscovered by Hillary. And while we are making political campaign ads, going to rallies and cheering for the Democratic candidates, as Gil Scott-Heron said in reference to Richard Nixon and the Republicans, "All is calm and quiet along the white sands of San Clemente."

In today's political world that simply points to the Republicans continued strategy of ignoring black people by saying absolutely nothing on our behalf or in support of issues that specifically pertain to black voters. But why should they? We are "all in" for the Dems.

Hype is meaningless unless it is accompanied by real accountability and substantive results. If the black vote is so important and so precious, as we like to say, then why is it literally given away for a song and a dance or a rousing speech?

Saying how bad it is for black people is not doing something about it. Glad-handing and hobnobbing with two or three leading blacks is not doing anything to elevate black people to a state of economic empowerment - and not even political empowerment. Feeling our pain and walking in the streets with us does nothing to alleviate that pain or stop the injustices we suffer.

It is embarrassing to see our people fawning over folks who, when they get what they want from us, will return to the political status quo. If that were not true, we would have seen huge benefits by now. It's always, "this time it will be different" when it comes to black voters.

One practical question to ask candidates who are running around our neighborhoods, churches and college campuses seeking our votes: "How much campaign money have you spent with black-owned media, i.e. newspapers, radio?"

That's just one of many acts of reciprocity and the bare minimum of what we should demand. If they do as the current POTUS did in 2012, spend one-tenth of 1 percent with black media, don't support them until they increase that amount, and then move on to the next demand. Stop allowing them to use and insult you, and stop slobbering over this latest discovery process; Black people have been in this country since the show started.

James Clingman is available on his website, Blackonomics.com.

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Treating addiction differently in the suburbs

Nick Cocchi would like to be the sheriff of Hampden County, an Eastern Massachusetts county of half a million people. Springfield, Massachusetts, a city that is



JULIANNE MALVEAUX

epidemic.

The Centers for Disease Control and Prevention say that deaths from heroin overdoses have quadrupled in the past decade, and heroin use has doubled among whites. Thus, it is entirely appropriate that Cocchi's candidate website includes a page that talks about opioid abuse in

Hampden County.

Far less appropriate, and indeed repugnant, was a statement Cocchi made when he testified at a November hearing before the Massachusetts Joint Committee on Mental Health and Substance Abuse. According to Victoria Kim, a writer for The Fix, a newspaper that reports on addiction and recovery issues, Cocchi said as part of his testimony, "What was once the heroin junkie in the dark inner-city back alley has now become brother, sister, mom, dad, son and daughter. It's hit suburbia U.S.A."

Should the issue of addiction be treated more compassionately and humanely now that it has "hit suburbia U.S.A.?" Wasn't that "heroin junkie in the dark inner-city back alley" somebody's brother, sister, mother, dad, son or daughter? This is why it is so important to lift up

the Black Lives Matter movement. Cocchi has, implicitly, said that he values the person in suburbia U.S.A. more than the person in the inner city. And his characterization of the inner-city drug abuser as someone in a back alley reeks of his biases.

Bishop Talbert Swan II, the president of the Springfield NAACP and pastor of Spirit of Hope Church of God in Christ, strongly objected to the racially coded language Cocchi used to talk about the problem of addiction. He is not the only person who has noticed the increasingly humane way addiction is being managed as the epidemic devastates the white community, in contrast to the way it has been managed in the past or even now, when African-Americans are addicts. Even Cocchi's use of is term "junkie" lacks humanity. To call someone a "junkie" is far less humane

than calling them an addict.

Before voters support Cocchi in his quest for sheriff, they might push him to get some sensitivity training. They might also ask if he would treat the inner city addict differently than he would treat one from a Hampden suburb. The larger question, though, is why there is such sudden empathy for addicts, an empathy that was utterly lacking when the increase in crack addiction devastated the black community, and when zero tolerance policies and mandatory drug sentencing placed people who were seriously ill behind bars for decades. Addiction, after all, is more an illness than a crime.

In Gloucester, a city about 40 miles north of Boston, heroin and opioid addicts who voluntarily turn themselves in at the police station are provided with treatment services and not charged with any crime. The program has gotten national attention. Some addicts from outside Massachusetts have come to Gloucester because they can't find affordable drug treatment where they live. Imagine that there were such a program for crack addicts when the inhumane "war on drugs" was little more than a war on black people. Even as I applaud the new empathy toward addicts, I mourn the years that so many have spent behind bars, denied of the kinds of innovative treatment options available in Gloucester.

Irreparable damage was done to the African-American community, especially the inner-city community, because of the draconian and racist war on drugs.



Disrespect of President Obama must stop

Recently, retired Lt. Col Ralph Peters and Stacey Dash, both contributors on Fox News shows, blatantly disrespected President Obama on different



Louis C. Ward

president doesn't give a sh*t about terrorism."

Bill Slieve, senior vice president of programming for both networks, announced, "Earlier today, Fox contributors Lt. Col. Ralph Peters and Stacey Dash made comments on different programs that were completely inappropriate and unacceptable for our air."

Thanks for the acknowledgement, but the damage has been done. And for me, it wasn't enough that the contributors were suspended for two weeks. They should have been fired permanently.

First, it was bumper stickers, then road signs and memorabilia disrespecting President Obama.

Now it's lawmakers, news commentators, and even candidates seeking the Republican nomination for president being discourteous to my president, your president and our president on national television and radio.

America, when will we stand up to those who disrespect for Barack Obama, the first African-American President of United States?

Freedom of speech is a constitutional right in America, but defamation of character and disrespect is not. We must speak out against impertinence to the United States presidency.

When the presidency is disrespected at home, it sows seeds for foreign countries to disrespect our president as well. Look at what China and Prime Minister Netanyahu of Israel said to and about our president.

When he was first elected in 2008 on the platform for "Change in

America," television screens across the nation showed people, representing different ethnic groups, crying because an African-American had been elected president. Most anticipated a new day with a better life for African-Americans in the most powerful country in the world.

A new time for all people of America to come together to make America, not only the most powerful country in the world, but the greatest country in the world, where people will be able to live in harmony and, hopefully, achieve prosperity on economic and social levels.

For a short while the future of America looked bright. The dream of Martin Luther King Jr. was realized, and racism seemed to be put on hold. Unfortunately, there's always a small group of individuals within the American populace with a hidden agenda, an agenda for evil, wickedness, and the pursuit of fairness, equality and justice for just a few Americans.

As soon as Barack Obama won the election, a group of individuals huddled together and vowed to thwart his agenda for change in America.

Let's not be naïve, America, you know exactly who I am

talking about.

Many of those individuals are in office today.

But that's politics! And we all know politics is a nasty business.

In 2009, when President Obama was addressing Congress, Republican Congressman Joe Wilson shouted: "You lie!" This kind of behavior is reprehensible.

I don't ever recall anyone calling the President of the United States a liar while he addressed Congress. Why does it happen now, and why to President Obama?

Despite the small group's endeavor to continue to belittle President Obama, now in his last year, he's still continues to make great accomplishments for the people he was overwhelmingly elected twice to represent.

At the end of the day, America, you may not like the man, but you have to respect the Office of the President of the United States. It deserves our respect, our loyalty and our support. We must stand up America and demand that it receives as much.

Louis C. Ward is a photo-journalist.

OUR VOICES

Remaking history for the state's minority women

By Rep. Rosa Gill

North Carolina is a state rich in black history. Times have certainly changed for African-Americans today, yet for too many, times are not changing fast enough.

In our state legislature, progress on policies that would continue the traditions of advancing civil and economic rights for all people have stalled. Rather than move forward, we must spend time defending our communities against policies that reverse and erode historic achievements toward a vision of equity for all.

No one is more impacted by recent developments in the state legislature than women of color, particularly black women who continue to be impacted by the legacy of racism, sexism and economic oppression that persists today.

Since 2013, the General Assembly's record is a litany of policies that put our state on the wrong side of history, particularly for African-

Americans, including erecting unnecessary barriers to voting, elimination of the state Earned Income Tax Credit, which benefitted a million people in our state each year, and multiple cuts to unemployment benefits for jobless people so that North Carolina now has the lowest benefits of any state.

Over the past several sessions, there's been little focus on key economic policies that would benefit everyone and most advance equity for people of color, particularly minority women who have long been left behind in the economy. North Carolina's legislature has made no progress on establishing paid sick days, paid family leave policies, increasing incomes through raising minimum wage, increasing access to affordable child care or college education.

Lawmakers have continued to refuse to fully implement the Affordable Care Act by providing Medicaid to uninsured North Carolinians,

many of whom are women struggling to support families. By doing so, we have lost the thousands of jobs it would have created, the millions of dollars it would have injected into our economy and the positive benefits to families throughout the state. And that doesn't even mention the various cuts to public education, safety net programs and access to women's reproductive health.

There's also been no effort to address longstanding discrimination and outdated policies that are unfair to women, especially women of color. For instance, a N.C. woman who holds a full-time job is paid \$33,459 per year on average while a man who holds a full-time job is paid \$41,950 per year. This means that women in North Carolina are paid 80 cents for every dollar paid to men, amounting to a yearly gap of \$8,491. Year-round pay for black women is even more unequal, ranging from 48 cents to 69 cents for every

dollar in our state.

Lower earnings and fewer opportunities means that minority women do not accumulate wealth that can be leveraged in the economy and transmitted across generations. Latinas and African-American women lag behind Asian and white women and men of all races in building wealth through home equity, retirement savings and stock ownership.

Home equity, for example, constitutes the largest proportion of wealth for middle-class families. The average equity of a white woman's home was \$74,000 in 2007, while the average equity of a Latina or black woman's was \$35,000 and \$47,000, respectively.

Expanding union rights, access to quality public education, and workplace opportunities have historically been a powerful formula to advance racial, gender and economic equity and justice for communities of color. These are proven policies to build upon.

Payday lenders attack advocates

By Charlene Crowell
NNPA

For years deceptive and predatory lenders have bilked millions of trusting consumers from their hard-earned monies, while consumer advocates have fought back for fair and transparent lending. On Feb. 11, another contentious round of exchanges on debt-trap lending occurred on Capitol Hill. Unlike previous forums, however, this one came with an open bias.

A subcommittee of House Financial Services held a hearing named "Short-term, Small Dollar Lending: the CFPB's [Consumer Financial Protection Bureau] Assault on Access to Credit and Trampling of State and Tribal Sovereignty."

With a title like that, the presumption of objectivity took a holiday. Committee members and most panelists criticized the consumer protection agency for proposing rules to rein in abusive practices in the payday loan market.

"I find it offensive that you would say that people aren't smart enough to make decisions for themselves," said Rep. Mia Love of Utah, believed to be the first black representative in Congress from the state.

Subcommittee colleagues who spoke after Love ironically asked questions that suggested they did not understand how the payday loan industry works. For example, many talked about meeting the needs of the "unbanked," when payday lenders do not make loans to these consumers. A payday lender is assured that a borrower will repay monies loaned due to their direct access to borrowers' bank accounts. By being first in line to be repaid, little is left to pay for food, rent, utilities and other household living expenses.

Rep. Keith Ellison of Minnesota, one of a few voices for fair lending rules, later remarked, "If the Financial Services Committee and this Congress want to help the unbanked, let's have that conversation. But providing misleading cover for predatory lenders will not help the unbanked. It will hurt those fighting to stay in the financial mainstream."

More defense of the payday industry came from Indiana Attorney General Greg Zoeller and Dennis Shaul, chief executive officer of the Community Financial Services Association of America. Both defended the industry and their so-called "best practices" that have turned a blind eye to lenders' triple-digit interest rates that inevitably trap financially vulnerable borrowers into long-term debt.

"CFSA member companies are licensed and regulated, and they adhere to a code of best practices," Shaul said.

If all of these claims were true, there would have been no need for the Department of Justice to indict and arrest a payday lender just one day before the hearing.

Scott Tucker, operator of one of the nation's largest Internet payday loan enterprises, and Timothy Muir, his lawyer, were charged and arrested Feb. 10 with violations of both the Truth in Lending Act and Racketeer Influenced and Corrupt Organization Act, more commonly known as RICO. The criminal indictment alleges the two ran a \$2 billion payday business in violation of state laws that capped interest rates on loans. The loan rates offered by Tucker and Muir were as high as 700 percent and affected over 4.5 million consumers from at least 1997 to 2013.

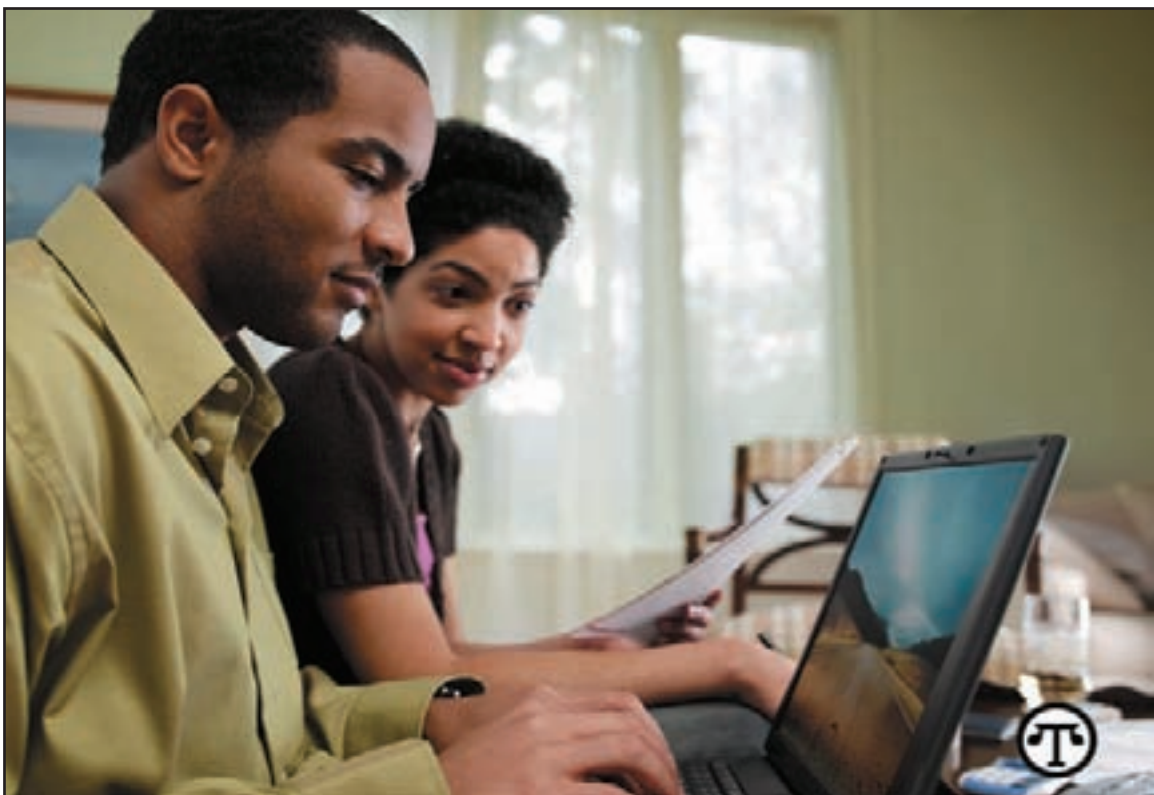
Additionally, because the payday lending monies are held in bank accounts owned by the Miami Tribe of Oklahoma, a Native-American tribe, the tribal corporation agreed to forfeit \$48 million. The non-prosecution agreement between the tribe and DOJ also acknowledges a tribal representative filed false factual declarations in multiple state court actions. If convicted on the charges of conspiring to collect unlawful debts in violation of RICO, the two defendants would face a maximum term of 20 years in prison. Both would also forfeit the proceeds and property derived from the alleged crimes, including bank accounts, homes, an airplane and automobiles. The lone hearing panel member to speak against payday lenders was Dallas Pastor Freddie Haynes III.

Business

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Research a tax professional carefully before you have them fill out your taxes.

How to pick a tax professional

NORTH AMERICAN PRECIS SYNDICATE

If you're like most taxpayers, you hire a professional to help you file your tax return. After all, a mistake could mean fines, penalties even prison.

If you do hire one, you should know that no matter who prepares the form, you are legally responsible for what's on it.

Here are eight tips to keep in mind when choosing a tax preparer:

1. Check to be sure the preparer has an IRS Preparer Tax Identification Number. Anyone with a valid 2015 PTIN is authorized to prepare federal tax returns.

2. Find out the fees up front. Avoid preparers who base theirs on a percentage of your refund or who say they can get larger refunds than others can.

3. Always make sure any refund due is sent to you or deposited into your bank account, not the preparer's.

4. Be sure your preparer offers IRS e-file and ask that

your return be submitted to the IRS electronically. Any tax professional who gets paid to prepare and file more than 10 returns generally must file the returns electronically. It's the safest and most accurate way to file a return, whether you do it alone or pay someone to prepare and file for you.

5. Make sure the preparer will be available. You should be able to contact the tax preparer after you file your return, even after the April 18 due date. This may be helpful in the event questions come up about your tax return.

6. Good preparers will ask to see your records and receipts. They'll ask you questions to determine your total income, deductions, tax credits and other items. Don't rely on a preparer who's willing to e-file your return using your last pay stub instead of your Form W-2. This is against IRS e-file rules.

7. Don't use a tax preparer who asks you to sign an incomplete or blank tax form.

8. Ask the tax preparer if he is

an enrolled agent, belongs to a professional organization or attends continuing education classes.

A number of tax law changes can be complex. A competent tax professional needs to be up-to-date in these matters. EAs are the only federally licensed tax practitioners who specialize in taxes and have unlimited rights to represent taxpayers before the IRS.

Individuals who obtain this elite status must adhere to ethical standards and complete 72 hours of continuing education every three years to be a member of the National Association of Enrolled Agents.

"Enrolled agents, America's tax experts, make sure their clients take advantage of all the credits and deductions they're entitled to," NAEA President Terry Durkin said. "And, with the IRS's increased emphasis on enforcement, it's more critical than ever to have an EA making sure your taxes are done correctly."

Wall Street project seeks to close opportunity gaps for minority business owners

By Don Terry

Rainbow PUSH Coalition

For Chicago-based investor and philanthropist John Rogers, the Rainbow PUSH Coalition's annual Wall Street Project in New York City is a must-attend event.

The three days of seminars and speeches in the Big Apple every winter is a chance for Rogers, the son of a Tuskegee Airman, and other black businessmen and women to share notes and strategies on how to break into, survive and ultimately thrive in the largely white world of Wall Street by gaining access to capital.

But for African-Americans, Wall Street is riddled with pot-holes. Many of the country's major hospitals, universities and other institutions with huge portfolios to invest "have never worked with black firms," Rogers said.

"They have never had their 'Jackie Robinson moment.'"

Even now, with a black man in the White House, Wall Street, Rogers says, can feel like "modern-day Jim Crow."

This is the conference's 19th year and the lineup of heavy hitters included John Thompson, CEO of Microsoft; Sheila C. Johnson, founder and CEO, Salamander Hospitality and co-founder of Black Entertainment Television; and U.S. Senator Charles Schumer (D-NY).



RAINBOW PUSH COALITION

Rev. Jesse Jackson, Sr., (left) gives remarks during the 18th Annual Rainbow Push Wall Street Project Economic Summit as Steve Ballmer former CEO of Microsoft and owner of the Los Angeles Clippers looks on.

The Wall Street Project uses Operation Breadbasket's model of research, education, negotiation and reconciliation to challenge Corporate American to end its shameful, multibillion-dollar trade deficit with minority vendors and consumers.

"Unless we knock on the right doors, the doors will not come open," Jackson said.

"Had we listened and taken action" 19 years ago when Jackson started pushing for more engagement with Wall

Street, more awareness of the street's vast power, "I think we'd be a lot better shape than we are now," said Richard Manson, CEO and president of SourceMark, a medical and surgical supply company.

Access and opening doors is what the Wall Street Project is all about.

"We have never lost a battle we fought," Jackson said. "And we have never won a battle we did not fight."

The power of stories

By Willie Jolley

GEORGE CURRY MEDIA

Facts tell, but stories sell. Stories help you sell everything - from getting the kids to take their vitamins to why you

should get the last computer at that ridiculously low sale price to your business ideas.

New York Times best-selling business author Peter Guber, "Tell To Win - Connect, Persuade, and Triumph with the Hidden Power of Stories," says you can use your stories to influence people to do more business with you. You can empower your people to be better employees and inspire your team and even your family to be the best they can be.

As the former head of Columbia Pictures, co-chairman of Casablanca Records and CEO of Polygram Entertainment and Sony Pictures, Guber is a renaissance man.

His ability to communicate has allowed him to move easily in varied settings. He is the owner and co-executive chair of the Golden State Warriors, an owner of the Los Angeles Dodgers, and an owner and executive chairman of Major League Soccer's Los Angeles Football Club. He is even an entertainment and media analyst for Fox Business News.

Stories are like cars, Guber says. You use them to move people to take action on your ideas. When you sell your concepts with stories, you create a head heart connection in the mind of the listener.

Guber figured it out. He spotted a few things the movie industry could teach the rest of us. "I decoded it, I didn't invent it," Guber said. Like a Hollywood movie, the stories that drive professional life (the narrative that is part of résumés, introductions and every conversation) works best when they are grounded in emotion.

By and large, they require a hero, dramatic tension and even a few props. People who can communicate most effectively are people who create and maintain the greatest success. The greatest United States presidents are those who communicated most effectively. Leaders who can positively influence their followers are good communicators.

Athletes who expand their careers beyond their playing days are those who communicate effectively. In addition, business tycoons who communicate powerfully are those who tend to come back from setbacks most effectively.

Effective communication is a major key to success in any field or industry.

Guber's other works include Shootout: Surviving Fame and (Mis) Fortune in Hollywood, which became a seven-year television series on AMC. He wrote the cover article for the Harvard Business Review titled "The Four Truths of the Storyteller."

Personally or through his companies, Guber earned five Best Picture Academy Award nominations, winning for "Rain Man." His other box office hits were "The Color Purple," "Batman" and "Flashdance."

My SiriusXM interview with Guber focused on ways to grow your success through the power of communicating, particularly the power of telling stories.

He shared the story of a young Magic Johnson in his first year in the NBA. Johnson made his teammates believe he was Kareem Abdul-Jabbar in the playoffs when Kareem was injured and could not play. Johnson helped the Lakers win that world championship.

Major nuggets shared with me in Guber's interview are:

- Figures, metrics and data are good proof, but stories make the proof come to life.

- When you have a vision and can articulate the vision clearly, you are halfway there. However, when you add a story, you pull people into your vision and make them believe they can help to make that vision become a reality.

- Whenever you want to get people to act, tell them a story and aim it at their heart.



Jolley

Ask Nadia

Dear Nadia,
I was diagnosed with type 1 diabetes three years ago when I was 15. Now I like to go to the gym. What's your workout plan at the gym? - Brandon H.

Dear Brandon,
Exercise is great for your blood sugars, A1C and keeping your weight down. Working out at the gym should also help you increase your insulin sensitivity.

Before starting your exercise program, I would recommend speaking to your health care professional to learn more about how to avoid hypoglycemia while exercising, more critically while sleeping at night. Your health care professional will have tips for you based on your regime and help refine how much insulin you should use before and after your exercise. Different exercises will require different amounts of insulin. For this reason, you need to go over your choice of exercise and the length of time you exercise.

We published a study a while back about how reducing your insulin may prevent exercise-related hypoglycemia. "Research on Exercise Related Hypoglycemia" by Daniel J. West, Ph.D., from North Umbria University, said, "It's been well-known that people with type 1 diabetes need to reduce heavily their insulin before exercise, but now we've showed that it's important to reduce it after exercise."

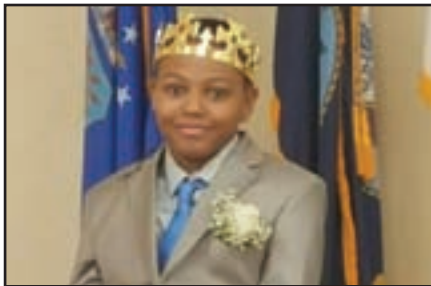
Participants who took a 25 percent dose of insulin before running on a treadmill for 45 minutes and then took a 50 percent dose of insulin an hour later were protected from hypoglycemia during or soon after exercise. They were, however, still at risk for a dangerous drop in blood glucose later that evening.

"Patients need to be aware that they are not fully protected for the entire day. Hypoglycemia while sleeping would be a great concern," West said.

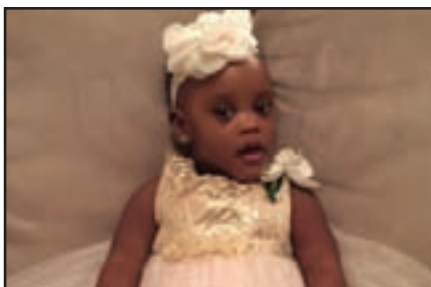
I enjoy spinning and getting on the elliptical. I do both for a half hour, starting with spinning. After an hour, I lift weights for 15 minutes including bench pressing.

Nadia was not only born into a family with diabetes but also married into one. She was propelled at a young age into caretaker mode, and with her knowledge of the scarcity of resources, support and understanding for people with diabetes, co-founded Diabetes Health magazine. Email Nadia at AskNadia@DiabetesHealth.com.

CHAPTER NEWS



Jekai Zatae Taylor won first place in the TLOD Precious Orchid Scholarship Pageant.



Chloe Sharnice Brown was second.



Spring and fall inductions of Top Teens of America.

TLOD, Lords and TTA
The chapter lost its charter member, Sharon Elliott-Bynum, and participated in her homegoing celebration.

The Top Ladies of Distinction, Lords and Top Teens of America have been busy and on the move providing community service in the Triangle. They recently held their first Precious Orchid Scholarship Pageant at CAARE, Inc. Jekai Zatae Taylor, 10, won first place, and Chloe Sharnice Brown, 10 months, placed second.

In recognition of Martin Luther King Jr. Day, the TLPD and TTA, and others performed a Day of Service volunteering at CAARE. Members helped in various projects, such as gardening, organizing and cleaning. Program activities and recognitions followed.

The chapters and parents partnered with CAARE during a Veterans Health Fair. Free health screenings for blood pressure, glucose and HIV testing were provided.

At the 39th TLOD Syn-Lod Conference in Washington, D.C., the Durham chapter received several awards and recognitions: 5 Star Chapter Award; Thelma B. Brown, a Certificate of Participation for golden service as chapter president; March of Dimes Participation Certificate, and former Top Teen President Ariana Johnson, a National Educational Scholarship.

Several Top Teens and invited guests enjoyed a mentoring cookout sponsored by the Top Ladies at Hillside Park.

Focus

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SORORITY NEWS



The 2016 Jabberwock Court with escorts, l-r: Cameron Shaw escorted Imani Samuel; Kelley Traynham escorted by Solomon Dunston; and Abijah Gattis escorted by Tristan Mayers.

Miss Jabberwock 2016 crowned

Submitted by
Marietta Taylor
SPECIAL TO THE TRIBUNE

DURHAM - On Feb. 6, 11 beautiful debutantes graced the stage of B.N. Duke Auditorium on North Carolina Central's campus in anticipation of the Durham Alumnae Chapter of Delta Sigma Theta Sorority Jabberwock Scholarship Gala. The theme was "Dazzling Diamonds."

The debutantes showed off their dramatic talent with Bollywood dance, spoken word, violin and piano performances. The moment many awaited came with the crowning of Miss Jabberwock 2016, Kelley Traynham. The Jabberwock Court consisted of Imani Samuel, first runner-up, and Abijah Gattis, second runner-up. Other superlative awards presented were Mr. Personality to Cameron Shaw and Miss Congeniality to Zabria Justice.

Jabberwock debutantes:
· Abijah Gattis, a Durham School of the Arts senior, is the daughter of Allyson and Jonathan Gattis Sr. Tristan Mayers escorted her. Delta mentors were Juanita Massenburg and Bernadette Watts.

· Kayla Harrington, a Hillside High senior, is the

daughter of Nakia Harrington Hester. Joshua Harrington escorted her. Delta mentors were Joy Bingham and Betty Blackmon.

· Veronica Harper, a Jordan High junior, is the daughter of Nicole and Herron Harper II. Jonathan Allen escorted her. Delta mentors were Deborah Artis and Lettie Goode.

· Bailey Hodge, an Enloe High junior, is the daughter of Leanor and Kevin Hodge. Josh Vines escorted her. Delta mentors were Phyllis Joyner and Dayka Sims.

· Anjaya Jones, a City of Medicine Academy junior, is the daughter of Jacqueline and Anthony Jones. Daric Gatlin escorted her. Delta mentors were QuRita Hunter and Jill Potter.

· Zabria Justice, a City of Medicine Academy junior, is the daughter of Natalie and Gerald Justice. Jaylyn Barbee escorted her. Delta mentors were Monica Barnes and Joan Packenham.

· Corteney Mangum, a Josephine Dobbs Clement Early College senior, is the daughter of Mary Burge and Corey Mangum. Jaylon Eadie escorted her. Delta mentors were Ava Hinton and Anaya Moore.

· Justine Martin, a Middle College High School junior,

is the daughter of Joyce Howard. Marcus McDonald II escorted her. Delta mentors were Carol Johnson and Mildred Wigfall.

· Krystal McDonald, a Southern School of Energy & Sustainability High senior, is the daughter of Deborah and Charles McDonald. James McDonald escorted her. Delta mentors were Harriett Bellamy and Priscilla Godwin-Hanson.

· Imani Samuel, a Jordan High senior, is the daughter of Sonji and Daniel Samuel. Cameron Shaw escorted her. Delta mentors were Trish Harleston and Kim Williams.

· Kelley Traynham, a Hillside High senior, is the daughter of Cynthia and Ralph Traynham. Solomon Dunston escorted her. Delta mentors were Betty Blackmon, Ava Brownlee and Pam Owens.

Delta Sigma Theta has held this annual scholarship program since 1962, awarding scholarships to Durham County residents. The Jabberwock Gala is a formal event resulting from the culmination of social activities, community service, educational workshops and scholarship fundraising opportunities. The scholarships awarded to the 2016 Jabberwock debutantes were in excess of \$60,000.

SCHOOL NEWS

DURHAM COUNTY

Jalen McGee is the only student from Durham that has been named a national finalist for both the C o c o - C o l a S c h o l a r s h i p Program and The G o o d n i g h t Scholars Program at N.C. State.

The Hillside High senior is among more than 2,100 semifinalists who were selected from more than 87,000 initial applicants for the Coca-Cola Scholarship and is now one of just 250 students who will move on to the final selection phase. He is the second Hillside student in a row to reach this level; Keith Beasley was a regional finalist last year. McGee will receive a minimum of a \$1,000 education stipend and, if selected, a \$20,000 scholarship.

The Coca-Cola Scholars Program recognizes students for their capacity to lead and serve, and their commitment to making a significant impact on their schools and communities. McGee showed his service and leadership abilities by establishing a tutoring program at Hillside called Hillside Peer Tutoring.

He recruited four other classmates to tutor and worked with teachers to find students that needed assistance. He hopes to expand the tutoring services to two middle schools and eventually an elementary school. McGee formed a board of directors and put a plan in place to make sure the program continues after he graduates.

In addition to the tutoring program, McGee is a member of the Student Disability Awareness Club, serves as the president of the National Technology Honor Society and represents Hillside with two other students on the Superintendent's Advisory Council. He also had an internship refurbishing computers at Triangle E-Cycling.

McGee plans on majoring in electrical engineering and attending NCSU, University of Pennsylvania, Harvard or Brown.

"Right now, my first choice is N.C. State, but I'm waiting to hear back from these other schools. I'm ready to learn from great professors that have as much of a passion for engineering as I do," McGee said.

MOVERS AND SHAKERS



Bayyan

KNIGHTDALE CHAMBER

Patrice Bayyan has been named executive director of the K n i g h t d a l e Chamber of Commerce.



DURHAM CHAMBER
Geoff Durham is the new president and CEO of the Durham Chamber of C o m m e r c e . Durham succeeds Casey Steinbacher who resigned last August. He is the president and CEO of Downtown Durham Inc.

Are you or someone you know a Mover and a Shaker? Drop us a line at Movers and Shakers, c/o The Triangle Tribune, 115 Market Street, Suite 360G, Durham, NC 27701 or e-mail us at info@triangletribune.com. Photos welcome.

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COURTESY OF WILLIAMS FAMILY

Harvey D. Williams entered active duty with the U.S. Army as a second lieutenant in 1951 and retired as a major general in 1982. Although born in Whiteville, he was raised in Durham and attended Hillside High.

During his stellar army career, Williams commanded three artillery batteries - one in combat in Korea and Germany - two battalions - one in combat in Vietnam - and earned several promotions, awards and honors. He was decorated with two Bronze Stars, two Meritorious Service Medals, five Air Medals and others. He was awarded The Order of the Long Leaf Pine by Governor James B. Hunt Jr. Aug. 31, 1996. The award is the highest honor given to a state civilian.

Williams and his wife, Mary, have been married since 1956, and produced two sons (Dean and Mark) and three daughters (Karen, Joyce and Mignon). He resides in Germantown, Maryland.

CIAA HOF has Charlotte ties

Mark Sherrill turned down Division I basketball offers for an HBCU experience.

Andre Springs was cut from his junior high golf team twice.

Tory Woodbury was an unheralded football walkon.

They're also 2016 inductees to the John McClen-don CIAA Hall of Fame.

Johnson C. Smith's Sher-rill, Fayetteville State's



HERBERT
L. WHITE

Springs and Winston-Salem State's Tory Woodbury each have Charlotte links. Sherrill was an all-America basketball forward while Wood-bury was a record-setting quarterback and Springs a champion golfer. None of them figured their accomplishments would land them in the Class of 2016.

"I never thought about it," said Sherrill, who scored 2,552 points, second all-time in school history and was the first Golden bull named NCAA Division II men's All-America in 1991. "I never played sports for accolades. I never played thinking I'd be a hall of famer."

Sherrill, an assistant basketball coach at JCSU, joins his boss, Steve Joyner, in the CIAA Hall of Fame. Sherrill credits Joyner and the campus community with his development as a player and a person.

"The bond led to the success," said Sherrill, who has been part of five division championships, three tournament titles and a berth in the 2001 Elite Eight, as an assistant coach. "I think it was the bond of coach and I, I think it was the bond of being at Johnson C. Smith University and all the fans and friends I gained there and family."

Springs a Charlotte native who is one of the best-known golf instructors in the region, improved his skills at West Mecklenburg High and earned a scholarship at Fayetteville State, where he won the CIAA individual title as a freshman. As a coach, he led Livingstone to 11 league championships.

"It sort of gave me a full circle type feeling," said Springs, who is an inductee in halls of fame at Livingstone, FSU and the African American Golf Hall of Fame in Tampa, Fla.. "I never thought I'd be in the CIAA Hall of Fame."

Woodbury, who is in his second season as JCSU's offensive coordinator, became a four-year starter (1997-2000) at WSSU.

"I was blessed to play but is top tier," said Woodbury, a Winston-Salem native. "This is the granddaddy of them all, as they say. "Just to get that call was very humbling and modest from where I grew up and been through."

A three-year captain, Woodbury finished his college career as WSSU's career leading passer (287-of-648 attempts for 4,493 yards and 38 touchdowns). He also rushed for 20 touchdowns and 1,035 yards, second-best in school history for a quarterback.

Woodbury, who led WSSU to a pair of CIAA championships, two Pioneer Bowl wins and a couple of bowl MVP awards, played quarterback and receiver with the New York Jets (2001-03), Buffalo Bills (2005-07), New Orleans Saints and Denver Broncos.

Springs led FSU to four CIAA championships as a player and was the first freshman to win the CIAA individual title in 1977. He was also an NAIA All-America and the Broncos valuable player for three consecutive years. Springs assisted his team to four CIAA team championships. At Livingstone, he was named CIAA Coach of the Year in 1986 and 1987.

Sports

HBCU FOOTBALL



NCCU's Smith gets invite to NFL combine

By Bonitta Best
editor@triangletribune.com

On Jan. 2, Ryan Smith's cellphone inbox received an email he'd been hoping for – an invitation to the 2016 NFL Scouting Combine.

"I was shocked," Smith said. "I am blessed and thankful for the opportunity."

Smith is coming off a senior season that included all-conference recognition as both a defensive back and a return specialist. He ranked third in MEAC with a team-best 11 passes defended (two interceptions and nine pass break-ups), while adding 52 tackles (38 solo). Smith also led the conference and ranked 10th in the nation with an average of 28.1 yards per kickoff return.

During his standout career from 2012-15, Smith broke the school record for solo tackles with 168, while finishing sixth in career tackles with 263 and 11th in passes defended with 31 (seven interceptions and 24 pass break-ups).

NCCU football coach Jerry Mack noticed Smith's unique skillset when he arrived at NCCU prior to the 2014 season.

"What stands out about Ryan is his size, flexibility



L-r: Robert Massey and Ryan McManus

and change of direction skills," Mack said. "He is natural and fluid with his hip movement, which is critical at the cornerback position."

Mack is not the only one who is singing Smith's praises. Dane Brugler, senior NFL Draft analyst for NFLDraftScout.com and CBS Sports, posted on Twitter that Smith "is one of my favorite sleepers in this class. Has NFL traits worth developing."

After helping to lead the Eagles to their second straight MEAC championship, Smith graduated from NCCU on Dec. 12 with a degree in criminal justice and headed home to Upper Marlboro, Maryland, to relax for a little while before starting to train for his professional football pursuit.

Smith left for Florida Feb.

26, where his portion of the NFL Scouting Combine will begin Feb. 27 with media interviews for defensive backs. His chance to shine on the gridiron will be Feb. 29 with on-field workouts for defensive backs.

"I am pretty confident," Smith said. "I am going into the combine like it's another football game. I think I'm ready."

Two CIAA jobs filled

St. Augustine's took the interim tag off Tim Chavous and made him permanent. Chavous coached the Falcons' last eight games with one win, but a big one over archrival Shaw 31-24.

"After his performance as an interim coach during the season, and his relationship with the student-athletes, the committee thought it would be in the best inter-

Please see **FOOTBALL/2B**

HBCU BASKETBALL

St. Augustine's January receives 2nd top CIAA honor

By Bonitta Best
editor@triangletribune.com

St. Augustine's sophomore forward Quincy January earned his second straight top CIAA award.

January was named CIAA defensive player of the year Monday at the tournament's tip-off luncheon in Charlotte. He was last season's rookie of the year.

Joining January in the honors department is Johnson C. Smith senior forward Stedmond Lemon as men's player of the year.

It's a Virginia Union sweep on the women's side – in all aspects. AnnMarie Gilbert was named CIAA women's coach of the year; Kiana Johnson, player of the year, and teammate Lady Walker, defensive player of the year. Virginia State's Lonnie Blow got men's coach of the year.

WOMEN NCCU (4-20, 2-11 MEAC)

The Lady Eagles lost their fourth straight game in a 66-55 defeat to Morgan State. NCCU trailed by just two points with 5:39 left, but the Lady Bears

outscored them 13-4 down the stretch. Tisha Dixon led the team with 13 points and 11 rebounds, her second straight double-double

Shaw The Lady Bears rallied from a 10-point first-half deficit to defeat Winston-Salem State for the third time this season.

Shaw advances to the tournament semifinal for the sixth straight time.

The Bears outscored the

Rams 41-17 in the second half. Senior Tabatha Anderson scored a game-high 16 points.

MEN
N.C. Central (11-16, 6-7)
The Eagles bounced back from a tough loss to Coppin State to overwhelm Morgan State 73-59. NCCU shot 50 percent for the game, led by Dante Holmes' 18 points, nine rebounds and six assists.

The Eagles travel to Bethune-Cookman this weekend before returning home Monday for Savannah State. Then it's the regular-season finale at N.C. A&T March 3.

St. Augustine's
The Falcons opened the tourney against Bowie State. St. Aug's lost to Bowie last month 78-62.

Shaw
The Bears played Virginia Union Thursday night in their tourney opener. Shaw split with the Panthers during the regular season, including Jan 7's 58-56 win on a last-second layup by John Savoy.

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SUNDAY, FEBRUARY 28, 2016 – SECTION B



BRUCE DEPYSSL

David Johnson, 28, and Abriel Harris, 17, focus on Amaris Harris, 16, while she demonstrates her combination punches. Amaris has been attending the boxing program with her father since he started it.

School of Hard Knocks rocks hard

By Ebony Sain
The Durham VOICE

DURHAM – It was a cold, rainy night when David Johnson wandered into The School of Hard Knocks. Johnson, 28, is currently staying at the Durham Rescue Mission.

"I was just wandering by when I seen the lights on," Johnson said, "It's my first time here, but I'll be back." He spent two hours learning the basic of boxing taught by Bishop Arnold Harris with the help of his three daughters.

The School of Hard Knocks is a storefront gym at 951 East Main Street in East Durham. Harris opened the gym about two years ago next to his church – God First, People Second, –in hopes of giving the community something new to do.

"The idea is to save lives, make a difference," Harris said.

The School of Hard Knocks is open for all ages and is free with no membership needed. The gym is usually open seven days a week depending on Harris' schedule. Harris also offers personal training, taekwondo and general workouts.

To pull people in, Harris places a large sign outside that says "Boxing club FREE Ages 12 To 30". He describes his philosophy as, "Consult through training." The boxing program allows him to talk one-on-one with a person about issues they're dealing with, while teaching the participant techniques, skills and discipline.

You can feel the enjoyment and high energy in the gym, but you can also tell how serious everyone is about being. Harris' three daughters – Amaris, Abriel and Annelise – also attend the boxing program.

Please see **KNOCK/2B**

DI continues talks on time demands

Council, super five autonomy conferences to work together on proposals

By Michelle Brutlag Hosick
NCAA.org

The Division I Council is playing an active role in discussions about time demands placed on student-athletes, and is working with the Atlantic Coast, Big Ten, Big 12, Pac-12 and Southeastern conferences to develop legislation that could alter the college athletics experience for both students and coaches.

The renewed focus on the student-athlete experience comes in the wake of a January decision by the five conferences to delay rule changes related to the time demands of college sports in favor of a more thorough, methodical approach that includes the rest of the division. The conferences resolved to continue conversations with coaches, college athletes and administrators, and develop legislation that will be adopted no later than January 2017.

The Council continued its discussion of time demands with renewed intensity during its Feb. 9-10 meeting in Indianapolis, voting to embark on a collaborative process with the five conferences that will build on information-gathering started by the Division I Student-Athlete Advisory Committee last fall.

The students conducted a student-to-student survey that garnered more than 28,000 responses. Administrators applauded the student committee's work and plan to use the data to develop legislative change over the coming months.

Council chair Jim Phillips, vice president for athletics and recreation at Northwestern University, clarified where the issue

Please see **TIME/2B**

DI continues talks on time demands on student-athletes

Continued from page 1B
falls on the Council's priority list.

"The question of student-athlete time demands is our absolute top priority. This is an opportunity for the Division I Council to come together and work collaboratively with the autonomy conferences," Phillips said. "Whether you play in a 100-seat venue or a 105,000-seat stadium, this is about all of our young men and women and the experience we hope to provide for them in college. It calls for a grass-roots approach across all 346 Division I institutions building on the tremendous work SAAC has done."

Division I members will move toward rule changes in a deliberate way along a set timeline. One early goal: to complete a second survey that includes coaches and administrators as well as student-athletes.

The Council and autonomy conferences also plan to begin collecting feedback from conferences; developing concepts for relieving some of the time demands required by competing in athletics at the Division I level; creating legislative proposals the five autonomy conferences and potentially the Council can consider; and, ultimately, voting on proposals no later than the 2017 NCAA Convention.

The survey, intended to enhance the previous efforts spearheaded by students, will gather additional information from coaches, faculty, senior woman administrators and others, including compliance and academics professionals and administrators involved in sport science.

Student-athletes also will have an additional opportunity to provide feedback on topics not included in the survey distributed by the Student-Athlete Advisory Committee. Officials hope coaches and students from every sport will be well represented.

Big 12 Commissioner Bob Bowlsby said the information-gathering stage will be key to the success of the process, and that both coaches and students need to be a part of a conversation that has the potential to change the culture of Division I athletics.

"We really need to do a very good job of not only notifying coaches and informing them but forcing them into the dialogue. We've always had a built-in belief that you can prosper by working harder, and that mostly means putting in more hours. Not everybody is going to be wildly excited about reductions in practice, changing travel policies, etc.," Bowlsby said.

"In some ways it feels a little bit paternalistic to say, 'Yes we know what's best for you, student-athletes,' and 'We know what's best for the enterprise, coaches.' We need to be cautious. It's a time that cries out for rules federation. We will have to be open-minded to the fact that we can't govern field hockey and football with the same rules. It's a huge undertaking, without any question."

Dustin Page, co-chair of the national Division I SAAC and a law student at the University of Wisconsin-Madison, agreed that a sport-by-sport examination was prudent, but he cautioned administrators to frame the next survey appropriately. Coming so

quickly on the heels of the SAAC-sponsored survey and even conference surveys on this topic, he said, could create confusion among students who believe they've already completed a time demands survey. He also asked that student-athlete representatives who sit on national NCAA committees continue to be a key voice in the legislation development stages.

"Additionally, after we collect the results, they should be brought back to the national SAAC so we can discuss it," Page said. "A lot of people are working on this issue, and I don't want SAAC to be lost."

Indeed, in addition to the Council, SAAC and the five autonomy conferences, several other Division I committees are considering ways to improve the college experience for student-athletes: the Student-Athlete Experience Committee, the Committee on Academics, the Women's Basketball Oversight Committee, the Men's Basketball Oversight Committee and the Football Oversight Committee.

The goal is to unify the work of all the groups in a package of proposals that fall in the areas of autonomy, as well as areas of shared governance. The Council will remain an active part of conversations as Division I moves toward a culture shift members acknowledge will be substantial.

"This could be really life-altering for our industry. ... Understand that this is a big, big thing," said Council member Bill Chaves, athletics director at Eastern Washington University. "We need to get our coaches and student-athletes on board."

School of Hard Knocks rocks

Continued from page 1B
The youngest of the three, Annelise, aka "Baby Hulk" is 14 and loves boxing.

"I get to hit stuff and let out energy," she said. "Working out is the only drug I'll ever need." They join their father at the gym as much as possible to work out and train, and to also help.

Harris is passionate about the gym.

"Everything you see I paid for out of pocket from the heat to the equipment," Harris said. The gym has a wide range of workout equipment from weight benches, bikes, treadmills, mini trampolines and weight machines.

Harris hopes to soon renovate the gym by receiving more donations and help from the community. "Hopefully, I can get some interns

so that the gym can be running seven days a week all day." He also says he hopes to start a GED program to further help educate the community.

To schedule a personal workout sessions or donate to the gym, call Harris at 919-638-0469 or stop in. The gym is also building a website that will have additional information on the programs it offers.

CIAA Tournament action



St. Augustine's disappointing season ended against Lincoln (Pa.) on Tuesday



The tournament is about much more than basketball.

N.C. Central's Smith gets invite to prestigious combine

Continued from page 1B
est of the institution to extend his contract," Athletics Director George Williams said.

Former Savannah State coach Earnest Wilson II dropped down a division to take over the reins at Elizabeth City State. Wilson led the FCS Tigers to a 2-32 record in two seasons. He replaces the always colorful Waverly Tillar.

Bears release schedule
Shaw released its 10-game football schedule that includes a first-time meeting against Limestone in its season opener. Wingate and UNC Pembroke round out the three-game nonconference schedule. Winston-Salem State comes to Durham County Stadium for the Bears' homecoming on Oct. 29.

NFL great Mathis retires
Former Bethune-Cookman cornerback Rashean Mathis called it quits last week after 13 NFL seasons.

"(It's been) an awesome 13 years," Mathis said. "And I think it's time for me to hang up the cleats. The Lord has blessed me with a long career."

Mathis played for the Wildcats from 1999-2002 before getting drafted by the Jacksonville Jaguars in the second round. He later went to the Detroit Lions. He finishes his career with 32 interceptions, 111 passes defended and 647 tackles.

Faison heads to Norfolk
Former Virginia State coach Andrew Faison joins another ex-Trojans after he was named co-defensive coordinator at Norfolk State.

Spartans coach Latrell Scott led VSU two seasons ago to a CIAA championship and NCAA Division II playoff berth. Faison leaves Delaware State, where he was associated head coach and linebackers coach.

"We are very pleased to have coach Faison join the NSU football family," Scott said. "He is a long and



St. Aug's Tim Chavous is now the permanent coach.

trusted football confidant of mine. His hard work, expertise and energy will do wonders for our defense as we try to take the next step."

Massey joins Rams
Former Shaw head football coach Robert Massey and ex-

Wake Forest quarterback Ryan McManus has joined Winston-Salem State's staff. Massey will coach the defensive backs and McManus the QBs.

N.C. Central's Kyle Serba contributed to this article.

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Photo courtesy of Getty Images

Getting Help

Although there are cases of people who successfully quit cold turkey, statistics show this is not the most reliable approach to quitting. Fortunately, there are several options to help you kick the habit, manage your withdrawal symptoms and take back your health. Medication, counseling and support groups can all aid you on your journey of quitting tobacco while saving you money and lengthening your lifespan.

Patches and Medications

Tobacco cessation medication can double your chances of kicking the habit permanently. Talk to your health care professional to discuss the best treatment plan for you. Types of medication include:

- n Nicotine replacement therapies
- n Nicotine gums or lozenges
- n Nicotine patches, inhalers or nasal sprays
- n Quit-smoking pills

Counseling and Support Groups

If you want to take a non-medical route, a counselor or a quitting coach can give you advice and support while you are trying to quit. The more often you meet, the more likely your choice to quit will be a permanent one. Your quitting coach can help you set a start date, learn coping skills, know the common smoking triggers, gain social support and help you tobacco-proof your life.

Other support options for quitting include national help numbers and online chat rooms. Free phone, chat room and texting resources from UCanQuit2 can be a useful supplement to personal counseling and coaching. Learn more at 1-800-QUIT-NOW or ucanquit2.org.

In addition, you can find information about support programs in your state at map.naquitline.org.

Find more resources to help you kick your tobacco habit from Guard Your Health, a health education campaign by the Army National Guard, at guardyourhealth.com.



WHEN QUITTING IS WINNING

FAMILY FEATURES

Quitting tobacco is hard, but it's never too late to quit and begin reaping the health benefits of a tobacco-free lifestyle.

Whether you use cigarettes, cigars, snuff, chew or e-cigarettes, all forms of tobacco are harmful and can be addictive. Tobacco products contain several chemicals, as well as a substance called nicotine that stimulates your nerves, increasing your blood pressure, respiration and heart rate.

Risky Business

Understanding how tobacco affects your body is the first step toward quitting. Using tobacco can shorten your life expectancy by at least 10 years. When you smoke, tobacco's harmful chemicals can damage your body, putting you at higher risk for health and bodily impact, such as:

- n **Lungs:** Respiratory infections and colds
- n **Skin:** Skin discoloration, wrinkles and premature aging
- n **Nails:** Yellow fingernails
- n **Heart:** Heartbeat irregularities
- n **Mouth:** Gum inflammation, gingivitis, infections and oral or throat cancers
- n **Teeth:** Brown-stained teeth, tooth decay, tooth loss and chronic bad breath
- n **Reproductive System:** Cervical cancer, pregnancy complications and infertility

Tobacco not only risks your health, but also affects your looks and social life. Because tobacco restricts blood flow in the body, smoking can cause erectile dysfunction or the inability to achieve orgasm. Other negative side effects include tobacco smoke, which sticks to your hair, vehicle, clothing and furniture. The residue and smell linger long after you finish smoking.

Conversely, quitting tobacco use has nearly immediate positive results. In an otherwise healthy person, after 72 smoke-free hours, your lungs begin to repair. Between two weeks and three months after your last cigarette, blood flow and circulation improve and lung function increases by about 30 percent, so you'll get winded less easily and feel less tired. One year later, your risk of heart disease will be cut in half, and 10 years after quitting, the risk of lung cancer is about half that of a person who smokes.



5 Facts About E-Cigs

E-cigarettes are battery-operated devices often designed to look like regular tobacco cigarettes. Instead of tobacco, e-cigarettes are filled with liquid that contains nicotine and other chemicals. When that liquid is heated it turns into vapor that can be inhaled.

1. **They are still addictive.** While e-cigarettes don't contain tobacco, the main ingredient is nicotine — one of the most addictive stimulants available.
2. **They contain harmful chemicals.** Med-

ical researchers have identified at least 19 harmful chemicals in e-cigarettes, some of which can cause cancer. Studies show a teaspoon of highly diluted "e-liquid" is enough to kill an adult.

3. **No regulation leaves plenty to chance.** The Food and Drug Administration recently announced plans to regulate e-cigarettes using the same standards as tobacco products, but there's no official timetable.

This means that for now, nicotine levels and "e-liquid" ingredients vary widely from product to product and there is no proof that these ingredients are safe.

4. **They aren't a proven quitting tool.** Although some smokers have found that e-cigarettes helped them stop or cut back tobacco use, e-cigarettes still deliver nicotine by inhaling from a cigarette-like device. Experts warn that this can lead to nicotine dependence and even initiate ciga-

rette use in previous non-smokers.

5. **Restrictions are widespread.** In many public and private places, e-cigarettes have the same usage limitations as tobacco, meaning you likely can't use them at hospitals, restaurants and many other indoor and outdoor locations that have restricted tobacco use on their premises.

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BIDS

LEGAL NOTICE

Comprehensive Health Care Services For The Durham County Detention Facility And The Durham County Youth Home

REQUEST FOR PROPOSALS

RFP No. 16-011

This ADDENDUM No. 3 forms part of Durham County's Request for Proposal No. 16-011, Comprehensive Health Care Services For The Durham County Detention Facility And The Durham County Youth Home. All other requirements of the original specifications remain in effect in their respective order. Receipt of this Addendum must be acknowledged on the Addendum Acknowledgement Form included in the Request For Proposal.

The due date for responses to this Request For Proposal (RFP 16-011) has been changed. The new due date for receiving Proposals is Thursday, March 3, 2016 by 2:00 P.M., in Durham County Purchasing Division, 200 East Main Street, 4th Floor, Durham, NC 27701.

BIDS

The City of Durham Department of Transportation is seeking assistance from qualified firms to develop a master plan for the **Duke Belt Line Trail**. Non-mandatory pre-proposal meeting will be held on March 10, 2016, at 10:00 a.m. in Conference Room GA of Durham City Hall, Ground Floor. For additional information, please visit <http://durhamnc.gov/bids.aspx>

**NOTICE TO CONTRACTORS, VENDORS & SUPPLIERS
DIVERSITY OUTREACH & PROJECT INFORMATION SESSION
DURHAM COUNTY JUDICIAL BUILDING RENOVATION**
Owner: County of Durham
CM@:Whiting -Turner Contracting Company,
in association with Holt Brothers Construction

Whiting-Turner/Holt Brothers will conduct the first outreach meeting to recruit, solicit, and inform all interested subcontractors, vendors, and suppliers about opportunities available for the Durham County Judicial Building Renovation Project on Thursday, **March 17, 2016 at 4:00 PM at the Durham County Commissioners' Chamber at 200 East Main Street (2nd Floor)in Durham, NC.**

Register for the outreach session at <http://holtbroscnstruction005.eventbrite.com>.

Contractors, Suppliers, and Service Providers attending the information session can:

- Review plans/specifications and available bid packages
- Learn about current construction schedules
- Receive instructions for navigating the pre-qualification process
- Speak with the County and CM project team

Whiting-Turner, in association with Holt Brothers, is also currently seeking to **pre-qualify** principal trade and specialty contractors for the project. Firms interested in the project are encouraged to submit necessary prequalification forms. The deadline for submission of prequalification forms is **April, 7, 2016.**

Click this link <https://holtbrothersinc.sharefile.com/d-s04f00dc925143d6a> to download prequalification forms for the project.

In support of County of Durham diversity and inclusion efforts. Whiting-Turner Contracting Company, in association with Holt Brothers Construction, is committed to creating an access to the economic opportunities that sustain our community. Small-minority-, and women-owned businesses are encouraged to participate.

PUBLIC HEARING

NOTICE OF PUBLIC HEARING

**AGENCIES: North Carolina Department of Commerce,
Rural Economic Development Division
North Carolina Housing Finance Agency
North Carolina Office of Economic Opportunity
North Carolina AIDS Care Unit**

ACTION: Notice is hereby given that the **2015 Consolidated Annual Performance Evaluation Report (CAPER)** has been drafted by the North Carolina Department of Commerce, Rural Economic Development Division. The draft may receive several updates prior to submission to the Department of Housing and Urban Development.

SUMMARY: The North Carolina Consolidated Annual Performance Evaluation Report (CAPER) summarizes the accomplishments of the four Consolidated Plan partner agencies during the 2015 calendar year, as well as presenting the results of other housing related programs identified in the North Carolina Consolidated Plan. The State's CAPER includes the following programs funded by the U.S. Department of Housing and Urban Development (HUD): Small Cities Community Development Block Grant (CDBG), HOME Investment Partnership (HOME), Emergency Solutions Grants (ESG) and Housing Opportunities for Persons with AIDS (HOPWA) programs.

AVAILABILITY OF REVIEW MATERIALS: Copies of the 2015 NC CAPER will be available for public review on February 17, 2016-March 17, 2016 and will be available on the web sites of the North Carolina Department of Commerce (<http://www.nccommerce.com>) and the North Carolina Housing Finance Agency (<http://www.nchfa.com>). Copies are also available by request from the North Carolina Department of Commerce, Rural Economic Development Division. Contact Iris Payne at (919) 814-4663 to receive a copy.

PUBLIC HEARING: An official public hearing will be held on March 11, 2016 from 9:00 am to 10:00 a.m. for the 2015 Consolidated Annual Performance Evaluation Report. The public hearing will be held on March 11, 2016 from 9:00 am-10:00 am at the NC Rural Center, located at 4021 Cary Drive, Raleigh, NC 27610. A call in-option will be available for people who are unable to attend the meeting. To register for the call-in option, please email elimehouse@nccommerce.com. Persons wanting additional information on the public hearing may contact Iris Payne at (919) 814-4663 or at ipayne@nccommerce.com. Persons with disabilities or who otherwise need assistance should contact Ella Limehouse at (919) 814-4681 in advance of the hearing. Accommodations will be made for all who request assistance with participating in the public hearing by March 8, 2016.

COMMENT PERIOD: Comments concerning all the amendments stated in this notice should be made during the required comment period. The comment period is from February 17, 2016 to March 17, 2016. Written comments can also be made during the comment period. Written comments will be accepted until 5:00 p.m., March 17, 2016 and may be made via email to ipayne@nccommerce.com, fax (919) 715-0096, or mailed to Iris Payne, Attn: Public Comment, Rural Economic Development Division, 4346 Mail Service Center, Raleigh, NC 27699-4346. All mailed comments must be postmarked no later than March 17, 2016.

Si necesita esta información en español, por favor póngase en contacto con Iris Payne 919-814-4663.



Rhiannon Giddens

Rhiannon Giddens performs Feb 28

RALEIGH FILM SCREENING

A screening of "Rosenwald" is Feb. 28, 3 p.m. at N.C. Museum of History, 5 E. Edenton St.

FORUM

A community forum on eliminating the achievement gap is Feb. 29, 6:30 p.m. at Southeast Raleigh High, 2600 Rock Quarry Road.

MEETING

A public meeting on development options for city land in East College Park is March 3 at 3:30 or 5:30 p.m., Tarboro Community Center, 121 N. Tarboro St. Open to the public.

CHAMBER

Raleigh Chamber's Women's Leadership Conference is March 11, 7:30 a.m. at Raleigh Convention Center, 500 S. Salisbury St. RSVP by March 4 at 664-7036.

DURHAM AUTISM

My Circle of Girls will host its next social gathering for ages 2-11 Feb. 28, 2 p.m. Visit mycircleofgirls.com.

NCCU

Brian Reaves, SAP SE senior vice president, will speak at N.C. Central March 1, 7 p.m. at the School of Education building, 700 Cecil St.

LAUNCH

GoTriangle will launch its TransLoc Rider with Uber integration March 3, 10 a.m. at Durham Station, 515 W. Pettigrew St.

FORUM

A Community-Police Relations Forum is March 3, 6 p.m. at City Hall.

SEMINAR

Delta Sigma Theta Sorority will host Financial Fortitude 2016 seminar March 5, 8 a.m. to 1 p.m. at Hillside High. Contact: Gwen Price at gdprice53@frontier.com.

CHAPEL HILL CONCERT

Rhiannon Giddens of the Carolina Chocolate Drops will perform Feb. 28 at Memorial Hall on UNC's campus. Visit www.cpatix.org.

GENDER GAP

A film screening of "Code: Debugging the Gender Gap" is Feb. 29, 5 p.m. at the Stone Center, 150 South Road. Open to public.

FUNDRAISER

Ackland Museum of Art will host Ackland Artini fundraiser March 4, 7 p.m. at Ackland Art Museum, 101 S. Columbia St. Call (919) 962-0216.

HILLSBOROUGH SUMMIT

2016 Agricultural Summit is Feb. 29, 9 a.m. at Whitted Human Services Building, 300 Tryon St. Contact: Kay Evans at kevens@orange-countync.gov.

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‘brownsville song’ at Manbites Theater Co.



MANBITES DOG

Manbites Dog Theater presents brownsville song Feb. 25 to March 12 at 703 Foster St.

After an act of senseless violence, a family must cope with loss, take strength from each other and struggle to find a reason for hope. The breakout hit of the 2014 Humana Festival is written by Kimber Lee and directed by Jeff Storer. Visit manbitesdogtheater.org.

Front, left: Lena (Lakeisha Coffey), Dee (Gabrielle Scales); rear: Merrell (Wanda B. Jin), Tray (Ron Lee McGill, Junior (Lazarus Simmons.)

A Different World

Black dealer rolls into the world of ultra-luxury

By Eric Easter

URBAN NEWS SERVICE

The world's first African-American Rolls Royce car dealer got there through hard work and perseverance, but only after disappointing his family.

Thomas Moorehead's parents thought the key to respectability was a Ph.D. Both teachers, they lived by an old-school axiom that the one thing you never can take away from a man is an education. Yet with just a few credits and a dissertation to go, Moorehead abandoned his doctoral program, and his parent's wishes, for an uncertain shot at learning the automobile business from the bottom up.

It was a leap of faith, an offer from a fraternity brother and mentor, James Bradley of Bradley Automotive Group, who promised to make Moorehead a millionaire in five years — if he took the risk. But it wasn't the promise that attracted Moorehead.

"Teaching was a guarantee of a long career, but I always had a passion for business," he said.

His road to success required two years of apprenticeship with Bradley, the mortgaging of his home and the depletion of his savings to enter a training program, then eventually owning his first dealership, selling Buicks in Omaha, Nebraska.

Moorehead built a strong reputation as someone dedicated to customer service, an essential value of the Rolls Royce brand. That reputation, and his sales record as owner of Sterling BMW in Virginia, sparked an invitation from Rolls Royce Motor Cars to join the exclusive club of only 33 dealers and 130 dealerships around the globe, an opportunity he accepted without hesitation.

The new store, Rolls Royce Motor Cars of Sterling, is the sole Rolls Royce dealership in greater Washington, D.C., and covers much of the Mid-Atlantic — from Virginia to southern Pennsylvania. It sits just across from Sterling BMW and Mini, his other successful dealership, a fact that fills him with immense pride.

"These are the best cars in the world, and I'm honored to be able to bring them to my customers," Moorehead said as he



URBAN NEWS SERVICE

Thomas Moorehead shows off one of his Rolls Royce automobiles in Virginia.

looks across the lot.

His dealerships thrive in one of the region's wealthiest communities, filled with prosperous government contractors, newly minted millionaires from tech start-ups and the Washington Redskins' nearby training facility.

But the opulence that Moorehead markets is a long way from his roots in Monroe, Louisiana, a town of 38,000 with a historic poverty rate twice the already poor state's average. Monroe Colored High was the sole choice for black students in that segregated city. It was a time when, Moorehead said, families like his could "offer you their good name but not money."

That upbringing drives a sense of humility that led Moorehead to keep his own name off the dealership's logo.

"I always say the boss is the customer, not me. I don't get caught up in having my name on the door," he said. "Actually, most customers who come in think I'm just another salesman, and that's fine with me."

In a world where demanding buyers have been known to add millions of dollars' worth of custom details to their cars to reflect their personalities (fur-lined shoe-holders, built-in picnic baskets, crystal cufflink holders), Moorehead's low-key manner is a studied contrast that he believes helps him sell more cars.

"I can talk about the features

of the cars all day but, ultimately, people are buying good service."

At age 71, Moorehead still relies on the daily advice of mentors, who include Hall of Fame home-run great (now car dealer) Hank Aaron, and former National Urban League president John Jacob. He calls them "instrumental" in shaping his business's success.

While giving a tour of his office, Moorehead seems slightly embarrassed as he points to pictures of himself with President Obama and former president Bill Clinton, and an array of famous business leaders. That changes when he points out two items of which he's most proud. One is the Laurel Wreath Award, Kappa Alpha Psi Fraternity's highest honor for lifetime achievement.

And then something much less distinct: a small cardboard sign that lists more than a dozen vendors who, he says, have contributed to his achievements: architects, decorators, contractors, cleaning-service owners and even the guy who printed the sign.

All are African-Americans, and fraternity brothers, people for whom he has paid forward the gift that Bradley gave him.

"This is really what it's all about, bringing other people up and giving something back," he said.

For more on Moorehead's philanthropy, go to www.themooreheadfoundation.org.

BOOK REVIEW

Virginia's only execution of a teen

FORSAKEN

By Ross Howell Jr.

NewSouth Books, \$27.95 PB

In April 1912, 18-year-old reporter Charles Mears covers his first murder case, a trial that roiled with racial tensions.

Virginia Christian, an uneducated black girl, was tried for killing her white employer. "Virgie" died in the electric chair at the state penitentiary one day after her 17th birthday, the only female juvenile executed in Virginia history.

Young Charlie tells the story of the trial and its aftermath. Woven into his narrative are actual court records, letters, newspaper stories and personal accounts reflecting the true arc of history in characters large and small, in events local and global.

Charlie falls in love with Harriet, a girl orphaned by the murder; meets Virgie's blind attorney George Fields, a former slave; and encounters physician Walter Plecker, a state official who relentlessly pursues racial purity laws later emulated in Nazi Germany.

There is much to marvel at within the pages of Forsaken, especially the vivid sense of time and place depicted in Hampton Roads, Virginia, during the Reconstruction era. The novel blends fiction and reality, and portrays events both striking and horrific. Yet, despite the immense tragedy at the heart of his novel, the story is ultimately one of redemption and hope.

ABOUT THE AUTHOR: Howell Jr. lives in Greensboro. This is his first novel.

Cary hosts inaugural black film festival

By Bonitta Best

editor@triangletribune.com

CARY - Jireh Management Group is bringing its inaugural African-American Film Festival to Cary March 3-6.

The festival is an extension of the Town of Cary's African American Celebration of black history and heritage. It will spotlight seven feature films and six short films, and offer forums for Q&A and panel discussions with local and national filmmakers.

"The African-American Film Festival offers a diverse selection of feature-length and short films from talented artists, curated for their impact and representation of important voices in our community," said Joy Ennis, operations and program supervisor for The Cary Theater. "We are excited to host our inaugural event and bring together award-winning filmmakers, including Cary's own Allan Smith, as well as our featured film maker, Harold Jackson III."

Jackson is an Emmy-nominated producer and recent winner of the Emerging Filmmaker Award at the N.C. Black Film Festival. "Last Night" is a romantic drama-comedy set in Washington, D.C., and winner of the Best Feature Award. Jackson's other award-winning films are "The Gift," "Burn: The Evolution of an American City" and "Under the Bourbon Moon."

Film schedule

March 3:

- 7 p.m. - "Rescue Men: The Story of the Pea Island Lifesavers," followed by Q&A with director Allan Smith

- 9:15 p.m. - "Blood Done Sign My Name"

March 4:

- 7 p.m. - "Last Night," followed by Q&A with Jackson

- 9 p.m. - "The Sin Seer," curated by Jackson

Alone now but never by yourself

By James Washington
THE DALLAS WEEKLY

I've been told that one of the telling things about being a Christian, no matter how new the claim might be, is a newfound understanding and appreciation of being by yourself.

I don't mean being lonely or anything; I mean being alone with the Lord.

Some might call it prayer, others meditation. You can call it what you want to, but being alone with God is a whole lot different than being alone without God. Understanding this reality once you've accepted Christ as your Lord and Savior can take some getting used to.

I mean, there are many of us, including yours truly, who at times had great difficulty dealing with self. You know we can find countless things to do with alone time on our hands: lights get turned on, channel surfing starts in earnest, music blasts, people get called and shopping gets done. Life got you down?

Now I do not know if comfortable is the right word to use, but I'm going to use it. We aren't comfortable with who we really are. It might be fear. It might be shame. It could even be embarrassment.

All of this and more comes into play when circumstances force us to look back over our own lives without external interference or internal rationalizations.

That deafening silence we're afraid of is filled with the rather loud volume of truth. Yes, I went there. Yes, you said it; you did it and you had a great time while you were at it.

But now, if the truth be known, you really wish you hadn't. You knew better then, and you certainly know better now.

The closer you get to accepting the Lord's call upon you, the more you've come to understand that facing up to your inner demons is required learning. Coming to grips with one's sinful past is a prerequisite for all future relationships.

I now believe that the peace of reconciliation with one's self begins and ends with the unadulterated truth that nothing can stand between you and the God who loves you; not your pride or ego, not your insecurity, not your sinful nature nor your clouded view of who you think you really are, as opposed to who God knows you are.

If God's in the picture, it's just you and Him. And He accepts no substitutes for you. After all, He knows your essence and that's what He wants. It's actually what He demands. But isn't that the beauty of what He offers all of us? Isn't it His essence that we actually seek?

Before you attempt to answer with yes, understand that yes means you will never be alone again - in life or in death. All I'm saying is you better get used to the man or woman in the mirror. That is exactly who God made and whom He loves, warts and all.

One of the most awesome things about this revelation is that once it is internalized, it is the most powerful gift in this and any other world.

Now you can fill those otherwise lonely moments with the truth that the ever-present crowd of One surrounds you. The key is knowing you've always got that one ever-present companion.

In His eyes you are the extraordinary one. He made you in His image. Now go find a quiet spot away from everyone and look for Him inside you. Listen carefully. Hear obediently. Believe and let God bless you. Believe and God will bless you. It's His way and it's His desire.

May God bless and keep you always.

Religion

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FCA founder lifted sports into ministry

By Tim Ellsworth
SPECIAL TO THE TRIBUNE

GERMANTOWN, Md. - Don McClanen, who founded Fellowship of Christian Athletes in 1954 after enlisting the support of several Christians in sports, died Feb. 16 at age 91.

More than 60 years after its founding, FCA is a worldwide ministry headquartered in Kansas City, Missouri, with 1,200 staff members who use athletics as a means of reaching the world with the Gospel of Jesus Christ.

Former Major League pitcher Rick Horton, who now serves as the St. Louis-area FCA director in addition to his role as a St. Louis Cardinals broadcaster, said of McClanen, "He's really been such a great example for FCA over 60 years of what it means to be on a mission and to be led by God to a particular vision."

FCA President Les Steckel, in announcing McClanen's death in an email, wrote, "If you've ever wondered what God can do with a life totally surrendered, called, and risking all to follow His vision, remember this young basketball coach from Oklahoma who in 1954 saw the potential of athletes and coaches to share the Gospel with the world. Sixty-two years later that vision, The Fellowship of Christian Athletes, is alive and well, influencing lives for Christ across the globe ... an amazing legacy."

McClanen's vision for FCA began when he was a student manager for the men's basketball team at Oklahoma A&M College (now Oklahoma State) after serving in World War II. He noticed that athletes were using their influence to endorse products, and he wondered why that same influence couldn't be used to reach people for Christ.

After graduating, McClanen became a high school basketball coach and then basketball coach and athletic director at Eastern Oklahoma A&M, when he started contacting high-profile athletes, sending a letter to 19 people in March 1954 that laid out his vision for FCA.

Among the recipients were broadcaster Red Barber, New York Giants shortstop Alvin Dark, Brooklyn Dodgers pitcher Carl Erskine, Cleveland Browns quarterback Otto Graham, Olympic track star Louis Zamperini and Pittsburgh Pirates general manager Branch Rickey.

Later that year, after Rickey had not replied to his letter, McClanen arranged what he told Rickey would be a five-minute meeting.

Rickey was one of the most prominent figures in sports at the time, and McClanen considered his support vital for the success of the ministry. That five-minute meeting turned into several hours, with Rickey pledging to back the effort. FCA officially launched in November 1954.

McClanen moved to the Washington, D.C., area after founding FCA, where he began two other ministries - Washington Lift, an inner-city youth ministry, and Ministry of Money for wealthy Americans to reach impoverished nations.

McClanen made regular mission trips to Haiti even into his 80s.

"God put a fire in his heart to reach the world for Christ," said Dan Britton, FCA's international executive vice president. "He was a humble man who had a lot of passion. That's a unique combination that most people don't have."

.....

“ America doesn't have a skin problem,
we have a sin problem. ”

FRANKLIN AVENUE BAPTIST CHURCH REVEREND FRED LUTER



AP

The Rev. Fred Luther says the church should lead in race reconciliation.

Church can unify race relations

By Marilyn Stewart

BAPTIST PRESS

NEW ORLEANS - Race relations issues have not improved since the election of the first black U.S. president, but the church can lead in modeling reconciliation, said Fred Luther Jr., immediate past president of the Southern Baptist Convention.

Luter, the first African-American to lead the SBC, spoke on a Black History Month video, "Answering the Call," produced by New Orleans Baptist Theological Seminary.

"I really thought this nation was ready to move forward" with the historic election of Barack Obama that garnered votes from Anglos as well as diverse ethnic groups.

"As much as we needed racial reconciliation in America, I really thought that was the opportunity for our nation to come together and make us one as a nation," Luter said. "But unfortunately ... that's not the case."

Luter, pastor of Franklin Avenue Baptist Church in New Orleans, expressed optimism for the future as the body of Christ leads the way as an agent for social change.

In analyzing today's situation, Luter quoted a pastor-friend who

states it this way: "America doesn't have a skin problem, we have a sin problem."

When the sin problem is resolved through faith in Christ, racial reconciliation follows, Luter said, noting that the church has both the responsibility and capability to model what it means to be brothers and sisters in Christ.

"We can be one," Luter said. "Regardless of your race, regardless of what side of the track you were born on, regardless of all the things the media and society have tried to do to divide us, we can be one."

As the SBC's first black president, race isn't an issue Luter can avoid, citing one question that consistently comes up when journalists interview him.

"Every last one of them asked this question, 'Why would a black man want to be president of a convention that started because of slavery?'"

Luter said his answer was always the same. "Racism, segregation is a part of our past, but that's the thing: it's our past."

Luter said he longs for the day when the topic of conversation will be inroads Southern Baptists have made in evangelism, discipleship and in changing the

world - "where I can go to a church ... and be introduced not as the first African-American president, but as, 'This is our brother, Fred Luther.' That's my prayer for this convention and for America."

In a separate Black History Month video produced by NOBTS, "Hope from Heartache," several black NOBTS students share what it means to follow in the steps of those who dared to step out onto a long road to equality.

The students honor the freedom won by pioneers Frederick Douglas, Martin Luther King Jr., Rosa Parks and others, yet they point to a greater freedom won by Christ, a freedom through which they find victory over sin and the grace to forgive.

"I have experienced everything from total, complete acceptance to harsh and blatant racism," said Joy Pigg, a bachelor of arts in Christian ministry student in the seminary's Leavell College. "It has developed my faith because it has taught me really what grace is and what forgiveness means. It has helped me understand the gravity of how God has forgiven us for this problem of sin."

Worship Briefs



Send your church news to: The Triangle Tribune, 115 Market Street, Suite 360G, Durham, NC 27701; e-mail info@triangletribune.com; or fax 688-2740. **Deadline: Tuesday by noon.**

RALEIGH
COMPASSIONATE BAPTIST
2310 Compassionate Drive
Church conference is March 1 at 7 p.m. All members asked to attend.

DURHAM
MOUNT VERNON
U.S. Congressman Hakeem Jeffries will speak at the annual Rose Butler Browne Education Day Feb. 28 at 10:45 a.m. The public is invited.

ANTIOCH BAPTIST
The annual African American History Program and Celebration is Feb. 28 at 4 p.m. Various speakers will attend. The public is invited.

UNION BAPTIST
904 N. Roxboro Street
Triangle Voter Rights Forum and GOTV Rally is March 6 at 5 p.m. Congressman G.K. Butterfield will speak. The public is invited.

CHAPEL HILL
MCDUGLE MIDDLE
900 Old Fayetteville Road
St. Paul Village Community Walk and 5K Run is March 5, 9 a.m. to 1 p.m. Contact: Rev. Thomas O. Nixon, 967-3961.

CREEDMOOR
MT. VERNON
2197 Moss Hayes Road
STOP Domestic Violence Day is March 5, 10 a.m. to 3 p.m. at the church. Various speakers will be on hand. The public is invited.