Project21Dance will bring dance, music free and open to the public. For more information go to project21dance.org

Report: The Community's Newspaper – Standing on Sacred Ground
Celebrating Black History 365 days of the year.

When McDonald’s was founded, the company was built on the foundation of opportunity and community. During the discomfort of the Civil Rights movement in 1968, it was realized in order for business leaders to provide hope and inspiration—as well as be deeply-rooted in their community—they needed to own restaurants in the areas where they lived. When Southern California McDonald’s owner/operator Reggie Webb started as a management trainee with McDonald’s over 40 years ago, he knew he wanted to tie his rising star to an innovative company. Today, along with his wife Renee and two children Kiana and Kyle, Reggie owns 17 restaurants spanning the Inland Empire and throughout Los Angeles.

Our legacy is all about initiating and starting something that continues well beyond us into generations that we don’t even know, says Reggie. “My wife and I have transitioned from being the leaders of our business to having our children be the leaders. I can see a day where their children are coming up to do what they are doing today.”

From community partnerships with Pomona Unified School District to improve literacy, to providing jobs for previously incarcerated women looking for a second start in life, the Webbs are leaving a legacy in Southern California. “There is so much that we get from giving back to our community and that truth as a legacy is something that I want to move forward with everything that’s in my being,” says son Kyle. The ability to provide first jobs and initial training for people of different backgrounds is what Kyle says he enjoys the most working in partnership as a franchisee with McDonald’s.

Today, there are 300 African-American families that own McDonald’s restaurants in the United States and six African-American families that own close to 50 restaurants across Southern California. McDonald’s owner/operators, like Reggie Webb, are continuing what McDonald’s was founded on by building legacies and opportunities for their community.

You can hear more of the Webb’s story, and learn about the importance of opportunity at McDonald’s, by visiting: youtube.com/mcdonaldssocal.
February is designated “Healthy Heart Month” as the informational lifestyle change movement brought profound knowledgeable presentations to help the masses develop wise decisions.

The first presenter was Linda Smith. She has glamour thirty-eight years in the medical field, and founded Four-D College, which was operated for twenty-five years. Smith’s topic was, “Let Your Voice Be Heard!” The primary focus was on parents, to enable them to set the culture of their homes. She stated that children eat what you eat, wear what you purchase, and role of parents is to make better decisions for their children. She cited the processes for certain types of cardiovascular disease; when the balance of power in the home is skewed, then the parent is placed in a state of continual stress, and stress related disorders follow.

Brandi Taylor, a victim of heart disease and breast transplant recipient, shared the methods that she used to get well and told the attendees not to be afraid to ask questions when they are with their physicians. She also had a knowledge of their family’s medical history. Brandi, a Native American ended her session with a Native American blessing from her Igny Nation of Santa Ysabel. She also is a legislator for her nation, serving her fourth term in the political arena. She spoke about the importance of heart health.

Seabla’s Successor

(Cont. from Page A-3)

The film was focused on the start of the 1990’s when many young Black men were killed. Black communities learned these things in the drawings, and the movie is supposedly based on a true story, and was done in a very good style to suit the season,” she said.

The event was followed by the opening welcome by minister of ceremonies, Joanne Gilbert, the informational lifestyle change movement brought profound knowledgeable presentations to help the masses develop wise decisions.

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than half that of typical U.S. household. According to the study, 140,000 abandoned homes, according to the study, 140,000 homes have lost virtually all drinking water. Almost nothing has been done. They will join in a March on Flint to demand bottled water. The city has gone back to water coming out of Lake Huron rather than the Flint River for over three years. Three unarmed Black men encountered a group of White men and women accounted for Obama’s entire margin of victory in seven states: Florida, Maryland, Michigan, Nevada, Ohio, Pennsylvania and Virginia - will hold a primary or caucus that day. "Ground zero for the study of the 1910 massacre. The 125 Street of the Harlem Renaissance, where scores of African American Memories as their Black History Month Theme. While the Joint Center report notes that 12.5% of the citizen voting population is Black, it has been a disaster for Flint. Even before the crisis, Flint had one of the state’s lowest rates of home ownership, according to the U.S. Center for Disease Control. The national disaster has hit Flint. Black Lives Matter. So, far when the subject of race has come up, the study notes that 72% of Black voters identified the #BlackLivesMatter movement as their #BlackHistoryMonth Theme. While the Joint Center report notes that 12.5% of the citizen voting population is Black, it has been a disaster for Flint. Even before the crisis, Flint had one of the state’s lowest rates of home ownership, according to the U.S. Center for Disease Control. The national disaster has hit Flint. Black Lives Matter. So, far when the subject of race has come up, the study notes that 72% of Black voters identified the #BlackLivesMatter movement as their #BlackHistoryMonth Theme. Newspapers in Flint print ads apologizing for playing their music too loud. The New Jim Crow: Mass
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A Conversation with Nate Parker

“The Birth Of A Nation”
For the second game in a row, a Highlander had a career-high scoring output in leading the team to victory, but two nights removed from follow John W. North diners Brittany Crain’s career night, Simone DeCouéd poured in a career-high 34 points in a 75-62 win at Cal Poly.

The UC Riverside Women’s Basketball Team comeback from a first half deficit to claim their 11th straight Big West Conference victory.

Crain scored 11 straight Highlander points in the second half, after going scoreless for the first. DeCouéd had 13 in the break, including nine in the opening period to help the Highlanders maintain their margin.

UCR (17-10, 10) rallied 33-33 after two quarters played. They got 26 of their 33 points from Crain and DeCouéd, who had 13 apiece.

At Cal Poly (11-13, 4-7) led the entire first half and UCR’s first lead was at 44-44 early in the third.

DeCouéd was 11 of 16 from the field and 10 of 11 at the free throw line to reach a total of 34 points. DeCouéd hit 12 of 15 field goals in the second half to tie the UC Riverside Women’s Basketball Team’s career record of 12 set previously by Brittany Crain.

The game’s title the same as the previous game’s 13-11 lead at the start of the second stanza, but DeCouéd took over the contest with five points in the first minute of the quarter. DeCouéd led the team to a 21-7 run that stretched into the second and then scoreless for the first time since the game’s opening.

The game was also a total of 11 points. The team won 13 straight Big West Conference games and 13 times in conference play.

The win improves the team to a 16-6 record in the regular season and 10-2 in conference play. The Highlanders have won 10 straight and have a 1-0 Big West Conference record. The team has won 10 of its last 12 games.

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lead to single digits with 12:10 to go. Six minutes later, it was just a six-point Mustang advantage, and with 2:41 on the clock a John led six and free throw sealed the lead to four, 71-68.

But Cal Polyonned on 11 of 13 free throws down the stretch to help keep the Highlanders at bay.

John scored 14 of his game-high 25 points in the first half, and so Malik Thomas each scored 11 after the intermission.

### Legal Notices / Classifieds

#### UCR Over Cal Poly

(Cont. from Page A-7)

#### Precinct Reporter

Healthy Hearts

(Cont. from Page A-5)

Nutrition Academy, which seeks to inspire individuals to incorporate food and nutrition in the fight against obesity, illness, and disease. Changing attitudes about health and nutrition are necessary. The foot can heal or it can kill was the sage advice Ms. Allen imparted.

Angela Alexander spoke to the sports and from her life experience of having lost six sons in a tragic accident while stationed in Japan with the United States Air Force.

When she did, she has the strength to make it through another minute, a strength outside of her control, sustained her and enabled her family to continue living, not just surviving from day to day. Through tragedy and despair, Alexander discovered unexpectedly that the Divine One is deftly "Able to keep us in all of our ways." Her topic was, "A Taste for Empowerment."

Dr. Joseph A. Bailey, MD spoke on the topic "Ask Your Doctor & Heart Disease Does Not Discriminate." He has acquired a plethora of information that impact information to African American people, the diseases physical, mental and emotional that impact us, and what we can do to alleviate these chronic negative by transforming arts and impulses.

Hearts of Color was founded by Joyce Fairman after a near death experience from cardiac problems. She uses the platform to disseminate quality information to people of color about changing the statistics where we lead in death rates, disabilities, and the insurance odds.

Hearts of Color will be having other events throughout the year to help residents make wise choices in nutrition, exercise and lifestyles.

#### Legal Notices / Classifieds

#### UCR Over Cal Poly

(Cont. from Page A-7)

#### Precinct Reporter

### Legal Notices / Classifieds
Fresh! Whole Chicken
U.S.D.A. Grade A
69¢/lb.

Sweet! Yellow or White Nectarines
2.99¢/each

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